



COME CELEBRATE THE HEART & SOUL OF HARLEM
HARLEM WEEK: NOW – AUGUST 31

iloveny.com/HarlemWeek | 1-877-427-5364

I ♥ NY

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE

Tuesday, July 31, 2018 metro.us | t: MetroNewYork | f: MetroNewYork



PICTURE THIS

If Nationals trade Bryce Harper, could Yankees swipe him before today's deadline? 27



Without notice, MTA closes N train tunnel for 5 months. 4

Where to find \$1 oysters in NYC. 22-23

GREEN ACRE

A 40,000-square-foot cannabis cultivation facility, which will serve two medical marijuana dispensaries in Brooklyn and Staten Island, breaks ground today in upstate New York. 6-7

PHOTO ILLUSTRATION ISTOCK



Money magazine says we're #1.
So do our students.

NYSCAS. A division of Touro College nyscas.touro.edu | 1.855.338.6876

Touro is an equal opportunity institution. For Touro's complete Non-Discrimination Statement, visit: www.touro.edu
MONEY is a registered trademark of Time Inc. and is used under license. From MONEY Magazine, ©2017 Time Inc. Used under license. MONEY and Time Inc. are not affiliated with, and do not endorse products or services of Touro College.
*Touro College was named #1 in the Value-Added all star category.

THINGS
TO
KNOW

NIKKI M MASCALL, REPORTER

New York's medical marijuana industry continues to ignite, and it's getting a little bigger (and greener) today. iAnthus Capital and its subsidiary Citiva are breaking ground on a state-of-the-art cultivation and processing facility 90 minutes from NYC. The facility will support four forthcoming dispensaries, including two in Staten Island and Brooklyn. To find out more — and see a rendering of what those dispensaries will look like — visit pages 6-7 or metro.us.

WELCOME TO
METRO.US4 HURT WHEN SUV CRASH-
ES INTO 6TH AVE STORE

In an SUV crashed into a building on Sixth Avenue near West 17th Street in Manhattan Monday afternoon, injuring four people. Witness Andy Zhang shared images of the chaos on Twitter, saying “A car veered off the street at 6th Ave and 18th St, crashing into a T-Mobile. Car is heavily damaged, people have been injured. #NYC #CarCrash.” He also shared a video of a person being taken away on a stretcher. “I managed to get photos from the ground and from my apartment upstairs,” Zhang told Metro. Around 2:30

p.m., the driver, who has not yet been identified, apparently drove through a protected bike lane, over a curb, onto a sidewalk and through the front window of the T-Mobile store, injuring four people, according to Transportation Alternatives Executive Director Paul Steely White. The crash occurred just steps from a public school, White said. It was not clear what caused the driver to veer off the street, though White indicated that he believed speeding may have been a factor.

MORGAN ROUSSEAU

CBS CEO MOONVES SUR-
VIVES BOARD MEETING

2 CBS Corp's board left embattled Chief Executive Leslie Moonves in his post on Monday as it discussed sexual harassment claims against him and took steps to select an outside counsel to lead an independent investigation into the matter. It was not immediately clear if Moonves would stay on for the duration of the investigation or whether discussions were taking place for him to step aside. Moonves, 68, is one of the global media industry's highest-paid executives and could receive a severance package of more than \$180 million based on his contract

and the terms of his departure, according to CBS filings with the U.S. Securities and Exchange Commission. The media and TV company on Friday disclosed plans for a probe after the New Yorker magazine published an article detailing claims by six women who said Moonves sexually harassed them in incidents between 1985 and 2006. Moonves has said that he “may have made some women uncomfortable by making advances,” which he called mistakes that he regretted immensely, but that he understood “no” means “no” and had never used his position to harm anyone's career.

NYC FIRST MAJOR CITY TO ATTEMPT TO
CAP NUMBER OF RIDE-HAILING SERVICES

3 A Lyft ride-hailing vehicle moves through traffic in Manhattan on Monday. After a significant increase in local traffic and a spate of suicides by taxi drivers, New York City is planning to vote on capping ride-sharing services such as Uber and Lyft. The City Council's move to vote on the measures could come as soon as Aug. 8. If the vote was to succeed, New York City would become the first major U.S. municipality to limit ride-sharing services.

UBER TO STOP DEVELOPING
SELF-DRIVING TRUCKS

4 Uber will stop developing self-driving trucks that have been hauling cargo on U.S. highways, the ride-hailing company said on Monday, seeking to focus its autonomous-vehicle technology solely on cars. Through its acquisition of Otto in 2016, Uber had sought to disrupt freight hauling with self-driving trucks and Uber Freight, its smartphone app that connects truck drivers and shippers. Uber Freight, which has seen “rapid” growth, is unaffected by the decision, the company said. Trucking has been viewed

by transportation experts as a natural application for self-driving technology because of the relative predictability of highways compared with busy city streets. Uber had unveiled plans earlier this year to integrate manual trucking with self-driving trucks by deploying the former for short hauls and the latter for longer distances. “We believe having our entire team's energy and expertise focused on (self-driving cars) is the best path forward,” Eric Meyhofer, head of Uber Advanced Technologies Group, said in a statement by email.

N. KOREA APPEARS TO BE
BUILDING ICBMS: REPORT

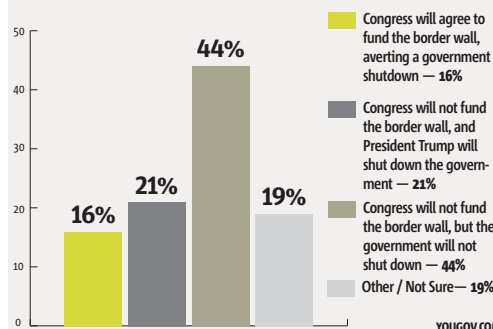
5 North Korea appears to be building one or two new liquid-fueled intercontinental ballistic missiles at a factory that produced the country's first missiles capable of reaching the United States, the Washington Post reported on Monday. The newspaper, citing unidentified officials familiar with intelligence reporting, said U.S. spy agencies were seeing signs of the construction at a large research facility in Sanumdong, on the outskirts of Pyongyang. The findings are the latest to suggest ongoing activity in North Korea's nuclear and missile facilities despite arms

talks with the United States and a recent summit between North Korean leader Kim Jong Un and President Donald Trump. Secretary of State Mike Pompeo told the U.S. Senate Foreign Relations Committee last week that North Korea was continuing to produce fuel for nuclear bombs despite its pledge to denuclearize. But he insisted the Trump administration was still making progress in its talks with Pyongyang. Trump said in a Twitter post after his historic summit with Kim in Singapore last month: “Everybody can now feel much safer than the day I took office.”

STATS

GOVERNMENT SHUTDOWN

President Trump has threatened a government shutdown if Congress does not fund a border wall between the U.S. and Mexico. What do you think is most likely to happen?



GETTY IMAGES

Orrefors



Now Serving Elegance



Orrefors Pearl Serveware
makes every occasion special.

\$50-\$100

Shown: 8" bowl- \$50, 11" bowl- \$100
and 12" rectangular tray- \$75

Pearl Serveware can be found at Bloomingdales, other fine retailers and Orrefors.us

NEWS

Without notice, MTA closes N train tunnel for 5 months

In a surprise tweet, the agency announced to frustrated commuters that the long closure was necessary to repair “rusted and failing beams.”



EVA KIS
eva.kis@metro.us

The last place anyone wants to be surprised is during their Monday commute. But that's just what happened to NYC subway commuters, who found out about a five-month service change after a problem-filled Monday morning rush hour.

Commuters on the D/N/R lines coming out of Sunset Park were reporting major delays Monday morning, all the

while the MTA's website and app showed Good Service. The N train was particularly badly hit.

At first, according to several tweets, it appeared Monday morning's chaos on the NYC subway was caused by a temporary blue wall in the 59th Street tunnel. But then the real story became more complicated.

The wall was put up as part of scheduled repair work last weekend on the N line (which was properly announced). What was not announced was that the wall would remain while the N train's express tunnel undergoes “necessary structural repairs” from 59th to 36th streets through December 2018.

The MTA's @NYCT-Subway Twitter account dropped this information in a reply to one commuter amid the flood of frustration over the



GETTY IMAGES

“We had issues and challenges coordinating internally and the planned change was not properly communicated to our customers.”

NYC Transit Chief Customer Officer Sarah Meyer

morning's service.

Aaron Gordon, who writes the newsletter Signal Problems about NYC subway woes, noted that long-term service changes

are usually listed under the Special Service Notices section of the MTA website. As fuming commuters pointed out, this would've been useful to know before Monday's

rush.

The MTA agrees.

“We had issues and challenges coordinating internally and the planned change was not properly communicated to our customers,” NYC Transit Chief Customer Officer Sarah Meyer said in a statement to Metro.

The MTA's website and app now reflect the changes to N service in Sunset Park, and announcements are being made. “We deeply apologize for our significant errors today and know that we need to do better. We are working through our policies and procedures to ensure this does not happen again,” Meyer added.

City Councilman Justin Brannan reached out to the MTA to find out, in his words, “what in God's name happened this morning.” He was told

the beams holding up the express tunnel between 59th and 36th streets are “rusted and failing,” which means the N train will run on the local track between those stops in both directions while repairs are made.

The actual service change is minor, adding just two stops at 45th and 53rd streets for N train riders. Monday morning's problems on the D/N/R lines happened because of “an error that prevented the routing of D service onto express tracks at 36th St.,” according to Meyer. “The significant delays our customers experienced this morning in the project area will not happen again, and we estimate that the planned work will only add up to five minutes of additional travel time during the weekday rush-hour periods going forward.”

THEY'LL LOVE LEARNING. AND THEY'LL HAVE FUN DOING IT.
THERE'S STILL TIME TO ENROLL YOUR CHILD FOR KINDERGARTEN AT ACHIEVEMENT FIRST THIS FALL.

CONTACT US TODAY TO APPLY!
AdmissionsNYC@achievementfirst.org
718-265-1437



Achievement First
PUBLIC CHARTER SCHOOLS

BROOKLYN

MAKE YOURSELF AT HOME.

SUCCESS IS JUST AROUND
THE CORNER. LITERALLY.

LIU Brooklyn

Our campus is more than just classrooms. With museums, restaurants and libraries on every corner, it's almost impossible not to feel energized and inspired. LIU Brooklyn offers a powerful combination of rigorous academic study and real world engagement, transforming students into leaders.

12:1
STUDENT/
FACULTY
RATIO

**\$100
MILLION**
SCHOLARSHIPS
AWARDED
ANNUALLY

200K
ALUMNI
WORLDWIDE

200+
AREAS OF
STUDY

#1
UNIVERSITY BY
Payscale FOR
HEALTH
PROFESSIONAL
MAJORS

TOP 10
"HOT COLLEGES
IN THE MAKING"
BY FORBES

UNDERGRADUATE DEGREE PROGRAMS

- Acting
- Athletic Training
- Biology
- Business
- Chemistry
- Computer Science
- Dance

- Education
- English
- Entrepreneurship
- Health Science
- Journalism
- Marketing
- Nursing
- Occupational Therapy
- Pharmacy

- Physics
- Political Science
- Psychology
- Social Work
- Sports Management

GRADUATE DEGREE PROGRAMS

- Biology

- Business
- Chemistry
- Computer Science
- Creative Writing
- Education
- Exercise Science
- Game Design
- Media Arts
- Nurse Practitioner

- Pharmacy
- Physician Assistant
- Political Science
- Psychology
- Speech-Language Pathology
- Writing and Producing for Television

For more information, visit us during our

TRANSFER AND GRADUATE EXPRESS DECISION WEEK
AUGUST 6 - 10 | 9 A.M. - 6:30 P.M.

RSVP: LIU.EDU/METRO | 718-488-1011



A rendering of the Warwick, New York-based cultivation and processing facility for iAnthus Capital and its medical marijuana subsidiary Citiva, which breaks ground this week. **CITIVA**

Medical marijuana facility blazes a trail from upstate to NYC

The facility 90 minutes from New York City will eventually serve medical marijuana dispensaries in Brooklyn and Staten Island.



NIKKI M. MASCALI
nikki.mascali@metro.us

iAnthus Capital and its subsidiary Citiva are building a 40,000-square-foot cultivation and processing facility in Warwick, about 90 minutes from New York City. iAnthus Capital is one of 10 vertically integrated medical marijuana licensees in the state and is also licensed and/or operating in Massachusetts, Florida and Vermont.

New York state is about to get a whole lot greener as a new cannabis cultivation facility is breaking ground today in Orange County to service four statewide medical marijuana facilities, including two planned for Brooklyn and Staten Island.

"We are investing upwards of \$10 million into this facility, not just to make it automated, but to make sure we get the highest quality product," Carlos Perea, chief operating officer of iAnthus, told Metro. "There is a very specific expectation, and the bar

Still feeling
BLUE?



We're taking a different approach to depression.

If you've tried depression medications and they haven't worked very well, you're not alone. We're developing an investigational drug designed to work along with your antidepressants to see if it can help address unresolved symptoms. Please consider joining this investigational study. As long as you're 18 years of age or older, you may be eligible to participate whether or not you are currently taking an antidepressant.

TO LEARN IF YOU QUALIFY, CONTACT:
Synexus 718-969-3005



All eligible study participants
may receive at no cost:

► **CONSULTATION
WITH STUDY DOCTOR**

► **STUDY DRUGS**

► **STUDY-RELATED
CARE AND VISITS**



A cannabis cultivation facility in Orange County will serve four New York medical marijuana dispensaries, including two in Brooklyn and Staten Island. **ISTOCK**

"We are investing upward of \$10 million into this facility, not just to make it automated, but to make sure we get the highest quality product."

Chief operating officer of iAnthus Carlos Perea

is very, very high in New York, and we're excited about being here."

The Warwick facility, which is expected to open phase one in about 12 months, will create several dozen mostly technical jobs when it's operating at full capacity. Lighting, humidification and environmental needs for the more than 5,000 marijuana plants expected to grow there will be fully automated.

"In production, we think about 2,400 or so kg of dried plant material," Perea said. "We think it'll be about enough to feed one of the dispensaries once it's up and running."

Until the grow facility is fully operational, iAnthus and Citiva will buy wholesale products for its forthcoming medical marijuana dispensaries. The flagship will be in Brooklyn in the vicinity of the Barclays Center, which is "pretty far

along," Perea said, and is expected to open later this year.

Three more dispensaries will follow by mid-2019 in Staten Island and in Dutchess and Chemung Counties. Locations for those are not disclosed, but will be where there is a high patient and traffic count, whether on foot, vehicular or mass transit.

"We're willing to spend a little more money on location and building out rather than getting them out cheap and dirty," Perea explained. "We hope that translates to a much better experience, very inviting and a place where patients can feel comfortable and feel they're getting great information."

As of July 24, New York state has 64,506 certified medical marijuana patients. As of Aug. 1, 2017, there were 25,736.



CITIVA

STRENGTH HAS A PLAN.

We empower her to do things she would not do on her own.



SEE WHAT'S POSSIBLE WHEN HEALTH CARE GETS PERSONAL.

We take the time to understand the needs and concerns of our Medicare and Medicaid health plan members to help them make the right decisions.

villagecaremax.org

1.800.469.6292 (TTY 711)

8 am to 8 pm, 7 days a week



VILLAGECAREMAX

VillageCareMAX Medicare Health Advantage Plan (HMO-POS SNP) is an HMO with a Medicare contract. Enrollment in VillageCareMAX depends on contract renewal. This plan is available to anyone who has both Medical Assistance from the State and Medicare. VillageCareMAX is available in the Bronx, Brooklyn, Manhattan and Queens. VillageCareMAX complies with Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-469-6292 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-469-6292 (TTY: 711). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-800-469-6292 (TTY: 711).

ADVERTISEMENT

“Demand Soars For Innovative Arthritis Treatment FDA

NYC Pain MD doctors offer powerful, cutting-edge arthritis treatment... prepares for over

By Matt Edgar

America's Health Writer

Arthritis sufferers can't get it fast enough and doctors offering it can't keep up with the demand. "Results are better than even I anticipated" noted one of the treating docs at the *NY Pain MD* Center for Non-Surgical Medical Relief Of Spine And Joint Pain with two locations right here in NYC.

He was referring to their innovative arthritis treatment program featuring Advanced Image-guided "Visco-Supplementation" at the conveniently located clinics..

"The response continues to be overwhelming. Once patients found out there was an FDA cleared, doctor-administered arthritis treatment that actually works – without the side effects of oral pain pills or risks of replacement surgery - and has enough scientific research that it is covered by many insurances and even Part B medicare – the offices continue to be deluged with arthritis pain sufferers wanting to find if they, too, can be helped. And newer research indicates it can help hips, ankles and shoulders as well".

What Is This

Treatment And How Does It Work?

If you are suffering with knee (or other joint) arthritis and pain, you are not alone. Degenerative joint disease or "arthritis" affects 21 mil-lion Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease (and the ranks of much younger victims of this progressive disorder continue to grow significantly).

The worst thing is: Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life

And up until now, treatment options have not been that good... or that appealing to most patients. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it's time to surgically replace the knee joint.

But Now Things Have Changed

Osteoarthritis is a joint disease that mostly affects the cartilage. Cartilages the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber. Your "normal" knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick, gel-like solution that cushions and lubricates the joint—much like oil lubricates the engine of your car.

In osteoarthritis, the synovial fluid loses it's lubricating properties and "dries up" allowing the cartilage to break down and wear away. This is *like running your car with little or no oil*. Now as you attempt to use your knee(s), there is not enough lubrication causing the bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain. Pain pills do NOT lubricate the joint or fix the problem. They simply mask the pain so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

"Visco" Is Very Different

And here is why: It contains hyaluronate, one of the two natural lubricating agents found in your own synovial fluid. Viscosupplementation is precisely introduced directly in to your knee joint in a series of 3-5 treatments (depending on severity) over a 4 to 6 week period. This instantly cushions the joint, reduces friction and allows greater motion with less pain or no pain at all in some cases.

This treatment not only lubricates the joint, but it acts as a shock absorber helping reduce grinding, inflammation and pain. **Here's something very important to consider:** Even though these lubricating medicines are non-toxic natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched and produced by pharmaceutical companies, FDA cleared and can ONLY be administered by

a qualified Doctor.

What's Results Can You Expect?

According to one developers and manufacturers of these special gel medicines ... "A course of treatment –will relieve pain in

a majority of patients for 6 months without the safety concerns of non-steroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect is likely to last even longer than 6 months. "And the best part is: Since these gel lubricants are natural substances; they can be used over and re over when necessary without risk. If it works for you, you may be able to look forward to years with less pain.

Who Should Consider Viscosupplementation...

Where Can You Get It And...

When Should You Start?

You should certainly consider The *NY Pain MD* method if you have been diagnosed with knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness, swelling, difficulty walking or climbing stairs or loss of motion in the knee – you should have an examination to determine what the cause of your problem is. If you have any of those issues mentioned, there is a very good chance you already have-or are starting to get arthritis.

Very Important – Do Not Wait - Here's Why ...

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments c may be able to help the knee heal and possibly, slow the arthritis thus help avoid joint replacement surgery. In other words, the sooner you start – the better. Does the procedure hurt? A local anesthetic is given to numb the area and the procedure is virtually painless. Most patients say it feels like nothing more than a slight "pinching" sensation... that's it.

Why Treatments At NYC Pain MD Are So Extremely Precise

Our doctors are particularly well-trained in a state-of-the-art digital fluoroscopic imaging - also known at Precision Arthritis Targeting - which allows them to see directly inside the joint during the procedure and get the natural cushioning medicine exactly where it needs to go. This makes sure treatments have the best possibility for maximum success. This is crucial because studies indicate that when doing these types of procedures - without digital imaging - it can miss the joint space up to 30% of the time rendering the treatment outcomes less effective.

How To Check Out This Breakthrough Treatment And See It Is Right

For You For FREE

All the doctors at *NY Pain MD* are extremely excited about the response and results with this wonderful treatment and would like to share it with as many arthritis sufferers as possible.

Read This If You Have Already Had Treatment Without Good Results

Even if you've failed Synvisc, Supartz, or other arthritis programs or had "blind" procedures, good results may still be possible when using *NY Pain MD* methods utilizing Precision Arthritis Targeting Technology (P.A.T.T). To achieve the best results.

ADVERTISEMENT

A Cleared, Covered By Most Insurance Even Medicare”

Overwhelming demand as news of it's impressive results spread across NYC and Tri-State Area

But There Is A Problem...

Even though this advanced treatment can help many patients, it is not a wonder cure or a magic wand. It does not help everyone. For that reason, every potential patient should have a complete examination. You will only be

Here's How To Get A Free Screening at NYC Pain MD

Simply call 877-568-8350 and when Aura, Travis or Priscilla answers the phone tell them you want your No-Obligation “Knee Pain Screening”. Discover if The *NYC Pain MD* Program can ease your knee arthritis pain like it has already done for so many others.

NYC Pain MD

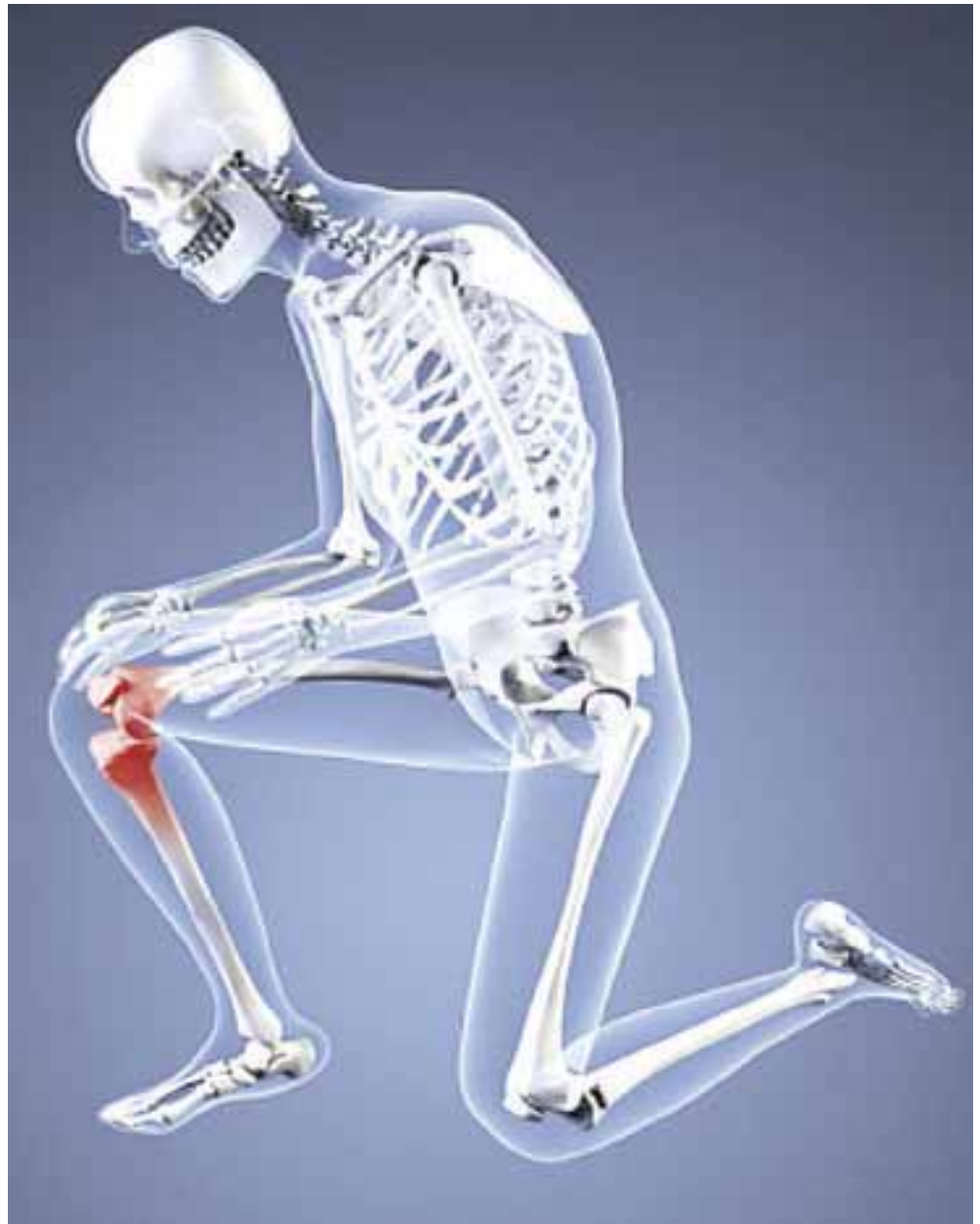
57 West 57th & 65 Broadway

877-568-8350

www.PAINMDNY.com

accepted if we feel you are most likely to get the pain relief and outcome you are looking for.

That's why *NY Pain MD* would like to invite you to come in for a knee arthritis screening at no cost to see if you actually are a candidate for comprehensive evaluation and possible treatment. All you have to do is call 877-568-8350 right now and when the scheduling coordinator answers the phone, let them know you want to schedule a “*NY Pain MD Knee Pain And Arthritis Screening*.” They will know exactly what you are talking about and schedule you for our first time available. During this time you can get all of your questions answered in a warm, friendly environment and begin to find out if the *NY Pain MD* protocol is right for you. But if you would like to do this, you should call right now. The demand for this procedure has been overwhelming with hundreds calling weekly. Since our doctors cannot possible screen everyone and we always make sure to give every single patient the personal attention they deserve, we have to limit these encounter. Therefore, the number of No-Cost, No Obligation screenings is limited to just 20. But... just imagine how it would feel to have much, if not all, of your knee pain finally gone. Imagine going to bed and being able to sleep through the entire night – and waking up refreshed and energized... ready to take on the brand new day... without the arthritis pain that's been terrorizing you and ruining your life. And imagine finally knowing you have a treatment to manage the pain caused by your knee arthritis. Well, you may not have to just



“imagine” any more... because our specialized medical regimen could be the answer you've been looking for. If you'd like to find out - at no cost to you - if we can help, simply give *NY Pain MD* a call at 877-568-8350 right now. Why wait one more day in pain when you may not have to? Call now before some one else get's your spot.

One More Thing & This Is Important...

Ever since offering this innovative treatment, our office has been flooded with calls. For that reason, if when you call, the lines are busy or you get voice mail... just keep calling back. The possibility of living pain-free is well worth the effort it may take to get through to *NY Pain MD* schedule your No-Cost,

No-Obligation screening.

And don't forget: The special treatments are covered by many insurances and even Part B medicare for qualified candidates. To schedule your No-Obligation screening and consultation, call to speak to one our scheduling coordinators.

Call 877-568-8350 Now.



www.PAINMDNY.com



ARE YOUR LEGS SUFFERING FROM...



- ❑ VARICOSE VEINS
- ❑ SPIDER VEINS
- ❑ LEG ULCERS
- ❑ LEG SWELLING
- ❑ BURNING
- ❑ ITCHING
- ❑ RESTLESSNESS

**Trust the doctor
that cares about you!**

**Personal & discrete care delivered
directly by Ronald Lev, MD**

**Certified by the American Board of
Venous and Lymphatic Medicine**

**We Accept Most Health Insurances
including Medicare**

Minimally invasive procedures

**CALL TODAY!
212.204.6501**

📍 111 John St, Ste 1450, New York, NY 10038

📍 369 Lexington Ave, Ste 18A,
bet 40 & 41st New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM



Dozens of women dressed as handmaids are set to greet Vice President Mike Pence in New York, just as they did in Philly last week. **KAIT MOORE**

100 'handmaids' to meet Mike Pence in New York City

"Mike Pence is a Christian fascist theocrat for whom 'The Handmaid's Tale' is a model," said Sunsara Taylor of Refuse Fascism, the protest organizer.



NIKKI M. MASCALI
nikki.mascali@metro.us

New York's Financial District is going to look a lot like Gilead, the dystopian regime from "The Handmaid's Tale," on Tuesday as dozens of women dressed as red-clad handmaids are set to meet Vice President Mike Pence in New York City.

Pence will be in town to attend the Department of Homeland Security's National Cybersecurity Summit at the Alexander Hamilton U.S. Custom House at 1 Bowling Green in Lower Manhattan. Among the other attendees will be Department of Homeland Sec-

retary Kirstjen Nielsen, FBI Director Christopher Wray and Secretary of Energy Rick Perry.

**"In the name
of humanity,
we refuse
to accept
a fascist
America."**

Sunsara Taylor

While the cybersecurity summit aims to "lay out a vision for a collective defense model to protect our nation's critical infrastructure," the DHS website said, the handmaids who plan to be in attendance outside it have a vision of their own: to keep the critical infrastructure of equality and basic human rights.

"Mike Pence is a Christian fascist theocrat for whom 'The Handmaid's Tale' is a model," said Sunsara Taylor of Refuse Fascism. "The Bible [has been] used to force women to

bear children against their will, to persecute LGBTQ people, to tear immigrant children from parents."

Handmaid-costume-wearing protesters have turned out at multiple conservative events in recent years. Refuse Fascism mobilized a group of handmaids and other protesters to greet Pence last week in Philadelphia and is continuing the demonstration in New York Tuesday at noon in the plaza near the 4/5 Bowling Green subway station.

"One hundred of us will protest Pence and DHS Secretary Nielsen dressed in the blood-red cloaks of 'The Handmaid's Tale,' then tear them off, raise our fists and pledge together to continue to grow our protests until we have driven the Trump/Pence regime from power and ended this nightmare," Taylor said. "In the name of humanity, we refuse to accept a fascist America."

Visit refusefascism.org for more info.

IN THE POCONOS -- HURRY! PRICES WILL INCREASE SOON!

the perfect **YEAR-'ROUND** *home!*

Perfect for you, because it's so affordable and in a location that offers top schools and shopping PLUS frequent commuter buses (4 per hour) – and you'll be just 90 minutes from NYC! Live in a year 'round recreational paradise, and in a big, beautiful home like the Cambridge (pictured at right) Full price is just \$299,900 includes 3,393 sq.ft., 4 Bedrooms, Covered Front porch. Excellent financing terms available to qualified buyers.



the perfect **VACATION** *home!*

Enjoy fun-filled activities all year including hiking, fishing, swimming, golf, boating, top skiing, and amazing wildlife sanctuaries. All this plus historical sites, great restaurants, art galleries and summer theaters. Check out the Bentley (shown at right). Full price is just \$269,900 includes 4 bedrooms, 2 1/2 baths, family room, spacious rear deck and covered porch. Just \$9,447 Down, \$2,206* per month pays all!



the perfect **RETIREMENT** *home!*

End stair climbing forever and enjoy your retirement in the beautiful Classic Ranch II (shown at right). Great step-saving design includes 3 bedrooms, eat-in kitchen, dining area, spacious living room, rear deck, 2-car garage. Full price is just \$228,900 Excellent financing terms available to qualified buyers.



Buy a new home now and get up to \$5,000 toward Closing Costs!



Call toll free
1-800-276-4000

Visit our all-new website:
www.classicqualityhomes.com

Or text: cqh to 411669 to get text updates about our Home Buying Incentive programs



* Monthly payments based on FHA 30 yr. fixed interest rate of 4.875% with 5% APR with a finance cap of \$294,515. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available.

QUALITY DENTURES AND DENTAL IMPLANTS THE SAME DAY

\$100 off each*
NEW denture!
Exp: 8/15/18



Miracle on 35th Street

- Full Service Cosmetic Dentistry
- Dental Implants • Crown and Bridge
- Repairs and Relines While-U-Wait
- Senior Citizen Discounts*

Free Consultation

Emergencies Welcome



Smile with Confidence!

CALL NOW

212.689.0024

www.heraldsquaredental.com

Most Insurance Welcome and Payment Plans available

Leaders in Implant Dentistry! - Est. 1977

**224 W 35th St. New York, NY 16th Fl.,
Btwn 7th & 8th Avenues**

*not to be combined



Revel transit launched its electric mopeds in Brooklyn on Monday. PROVIDED BY REVEL

Ride-share mopeds arrive in Brooklyn

Move over Uber. New Yorkers now have yet another way to get around the city with the launch of Revel Transit, a ride-share electric moped service.

Revel launched Monday with 68 mopeds in the Brooklyn neighborhoods of Bushwick, Greenpoint and Williamsburg.

The New York company says it's the first shared electric moped service in the city, bringing a trend in European cities like Berlin and Paris state-side.

Electric transit is becoming more popular throughout the United States, with dockless e-bikes in some of the outer boroughs and electric scooters in other cities.

"Revel is more than just a new way to get around — it's a missing link from New York's transportation network," said Paul Suhey, co-founder of Revel Transit, in a statement. "As a quick and efficient mode of transportation, we look forward to e-mopeds becoming an integrated part of the city's transit system, especially in areas underserved by existing infrastructure."

Suhey and his co-founder Frank Reig don't see Revel mopeds replacing subway transit completely for New Yorkers. Instead, the service is meant to provide a transit option to neighborhoods that are underserved by existing infrastructure.

Those who want to take an e-moped for a

ride through Brooklyn must first pay a one-time \$25 fee to cover a motor vehicle license check. After that, Revel moped rides begin at \$4 for the first 20 minutes and cost an additional 25 cents per minute.

"Revel is more than just a new way to get around — it's a missing link from New York's transportation network."

Paul Suhey

You can pause your Revel moped ride, too, if, for example, you need to stop in a store. In that case, the moped turns off and remains reserved for that rider at a cost of 5 cents per minute, or \$3 per hour.

Revel says its pricing is "comparable to subway and bus fares and cheaper than taxi and for-hire vehicles." Plus, new users automatically get an \$8 riding credit. Revel is offering users another \$15 riding credit that expires Aug. 30. You can get those extra credits with the promo code "RevelAndGo."

Like most transit shares, riders book their mopeds through an app, available on the App Store and Google Play.

To rent a moped, drivers need a United

States driver's license, credit card and a safe driving record. Revel mopeds are Department of Transportation safety certified, according to the company, registered with the New York Department of Motor Vehicles. The rental fee includes insurance, helmets and training for riders.

Because these mopeds are limited-use vehicles, they are not allowed on expressways, highways, interstate routes, major bridges and thruways. The company is also warning moped riders to follow state traffic laws and to stay out of bike lanes and off sidewalks.

The moped-sharing company says its e-mopeds are "ideal for New York City streets, particularly for trips between 2-5 miles," environmentally friendly as they are zero-emission vehicles and space efficient because they can be parked perpendicular to the curb, requiring less than 5 feet of open parking space.

"Revel adds a missing piece to our city's transit puzzle at a time when it couldn't be more necessary," said NYC Council Member Antonio Reynoso, who was at the Bushwick launch Monday, in a statement. "This brand-new, safe, convenient and affordable option will catch on quickly with residents looking for transit alternatives that don't face delays and are emissions-free." KRISTIN TOUSSAINT

Painful Varicose Veins and Swollen Legs?

**New Foxhurst Location
947 Southern Blvd. Bronx, NY Now Open**



Varicose veins and spider veins are not just a cosmetic issue, they could be the sign of venous insufficiency.

If you or a loved one is suffering from:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Varicose Veins | <input checked="" type="checkbox"/> Swollen Legs |
| <input checked="" type="checkbox"/> Spider Veins | <input checked="" type="checkbox"/> Skin Discoloration |
| <input checked="" type="checkbox"/> Itching and Burning | <input checked="" type="checkbox"/> Leg Ulcers |
| <input checked="" type="checkbox"/> Leg Pain | <input checked="" type="checkbox"/> Blood Clots |
| <input checked="" type="checkbox"/> Leg Cramps | <input checked="" type="checkbox"/> Difficulty Standing |



If left untreated these could lead to more serious complications. Don't delay, treatment takes 15 minutes.



Covered by Medicare and Most Insurance Plans

Don't suffer another day! Call us now!

(917) 717-5135



www.USAVeinClinics.com

Manhattan:

1153 1st Ave, Manhattan, NY 10065 **2 3 4 5 W**
 122 Fulton Street Ste 500 New York, NY 10038 **4 5 2 3**
 4159 Broadway, New York, NY 10033 **4 5 1 4 5 6**
 1264 St. Nicholas, Washington Heights, NY 10026
 168 St **4 5 1**

Brooklyn:

924 Flatbush Ave, Brooklyn, NY 11226 **5 2 5**
 2511 Ocean Ave Ste 102 Brooklyn, NY 11229 **5 4 5**
 2444 86th St, Ste A, Bensonhurst, NY 11214 **5**
 2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 **5 5**

Bronx:

5221 Broadway Ave, Bronx, NY 10463 **1**
 384 E 149 St, Ste 201, Bronx, NY 10455 **2 5**
NEW 2157 White Plains Rd, Bronx, NY 10462 **2 5 1**
 947 Southern Blvd. Bronx NY 10459 **5 1 1**

Queens:

116-02 Queens Blvd Forest Hills, NY 11375 **5 4 5**
 30-33 Steinway St, Astoria, NY 11103 **5 4 5 6**
 40-04 Forley St, Jackson Heights, NY 11373 **5 4 5 7**
 59-20 Myrtle Ave Queens, NY 11385 **5 4 5 1**
NEW 1652-03 Jamaica, Ste 200, Queens, NY 11432 **4 5 5 6**

Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

Long Island:

260 Sunrise Hwy Ste 102
 Valley Stream, NY 11581

Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

766 Shrewsbury Ave, Ste 300
 Tinton Falls, NJ 07724
 81 Route 37 West Toms River NJ 08755



COURTESY THE GO LIFE



NYC art gallery owner comes up with his own 'clean energy' initiative

Alex Cesaria, who was also a former cyclist, created The Go Life, an organic, all-natural "clean energy" capsule.

JEFF TOMKO
jeff.tomko@metro.us

A love of art, a passion for fitness mixed with a distrust for the supplement industry make up a great formula for Chelsea art gallery owner Alex Cesaria's latest energy-based masterpiece, The Go Life.

Just like carefully selecting each high-end Warhol or Lichtenstein that will hang from his art gallery walls, the entrepreneur and former competitive cyclist has always been just as meticulous about what he puts in his body to maximize his own physical performance.

Hence The Go Life, an organic all-natural vegan capsule produced in New York, and created as an energy "boost" to help improve physical performance and enhance mental clarity throughout the user's busy day.

Most important, Cesaria says The Go Life is 100 percent "clean," meaning anyone from weekend warriors to on the go New Yorkers can be confident in taking an energy product without the jitters and crashes associated with other sugar-based supplements the former competitive cyclist abhors.

"I created this for people like me who are tired of seeing labels that look like secret potions and lack quality ingredients that really work for you," Cesaria says. "I care about what we put in our bodies, so The Go Life has become a company that's decided to do something about it."

Born in Italy, Cesaria developed a love for both cycling and art, almost simultaneously. "Italy is a living art museum," he says. "The roads I biked, to me, were like constantly evolving paintings. I still have very vivid images in my mind."

As a cyclist, Cesaria won several amateur events and had the potential to go pro. But despite his God-given talents, cycling's worst-kept secret meant that making it to the pro level would require a little more.

"At an early stage I dis-

covered that some of the kids had already gambled their life away into making a career out of cycling," he says. "Doping was already present and I wasn't ready to make that kind of commitment."

Cesaria began working with a team of industry-leading chemists in Hauppauge, Long Island, to help develop and refine his all-natural energy formula. While energy drinks and powders have become popular on the market, he decided to keep his in capsule form to ensure a more precise ingredient measurement, something he says can't be guaranteed in powder form.

"I created this for people like me who are tired of seeing labels that look like secret potions lack of quality ingredients that really work for you."

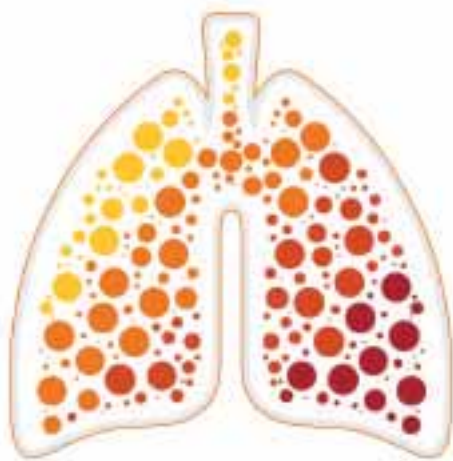
Alex Cesaria

"I am not a scientist," Cesaria says, "but years in cycling will most probably turn you into one, especially when it comes to understanding everything about your body and how to get the most out of it."

The Go Life can be purchased at the company's website, thegolife.com. So far he says he's getting great feedback from his relatively new supplement.

"I get a great satisfaction in people telling me their stories about how they use The Go Life," he says. "There's nothing I appreciate more than having a positive effect on people's lives."

 **Weill Cornell Medicine**
Genetic Medicine



Diagnosed with COPD?

Seeking Individuals for a Research Study

Visits and Compensation:

- Complete screening visit: **\$50**
- Complete bronchoscopy: **\$200**

For More Information Contact the Department of Genetic Medicine at Weill Cornell Medicine

Monday-Friday | 9am-5pm
646.962.2672 | cora@med.cornell.edu

WCMC IRB
Approval Date: 04/26/2018
Expiration Date: 02/12/2019

IRB Approved Protocol #120405231

Resilient kids



GETTY IMAGES



Mount
Sinai

ASK
MOUNT
SINAI

Stay Healthy

"Kids are resilient" is an oft-repeated phrase of divorcing parents and others observing upset in a child's life. We asked Dr. Jacob Ham, Director of the Center for Child Trauma and Resilience at the Icahn School of Medicine at Mount Sinai, to talk about resiliency in kids.

How do you build a resilient child?

You have to reinforce effort, distress tolerance and recovery more than focus on outcomes, though outcomes have to be meaningful too. You can train resilience in big, obvious ways such as entering children into competitions and setting up "reach" goals in various activities, but, more importantly, you can train resilience day to day, moment to moment, by encouraging children to push past fatigue, discouragement and doubt.

We've had recent examples of kids going through very public traumas: being separated from their parents at the border and the soccer team trapped in the Thailand cave.

The Thai boys are being showered with social support. They have the support of the whole world behind them, and they have loving parents and stable homes to go back to.

The border children's ordeal could not be more different. Their families are violently taken from them and they don't even have safe homes or countries to go back to. Their experience is that the world doesn't want them or care about them. They are treated like criminals instead of children. The message they receive is that the world is a very dangerous place that does not care about them. They are not being set up to be a "force for good." Instead, they are more likely to grow up caring only about themselves or only those others in their innermost circle.

I do think that even the Thai boys can experience some lasting effects of trauma. Traumatic events can impact different parts of the self: the physical, emotional, social, cognitive and existential selves. I can imagine that the Thai boys may carry trauma in their bodies. But, in other aspects of the self, I have every confidence they will more than likely become more resilient from the experience.

What happens when kids aren't taught to be resilient?

They will likely have a much more narrow window of tolerance for stress and adversity. They may not take as many risks. They may avoid relationships that are too emotionally intense or intimate. Or if they are more traumatized, they may live with emotional volatility, depression, anxiety or anger. ... However, adults are not destined to lives of misery because of childhood trauma. I have seen adults of all ages make peace with their past, move from reliving to remembering, and learn to forgive, accept and love again.

SHEILA DOUGHERTY



Fibroid Pain? UFE - Not Hysterectomy

If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Reproductive Dysfunction
- Protruding Belly
- Frequent Urination
- Heavy Bleeding
- Pelvic Pain
- Bloating
- Constipation

...Then Consider Uterine Fibroid Embolization (UFE)

- Minimally invasive & non-surgical
- Short recovery and no hospitalization
- Covered by Medicaid & most insurance plans

Don't Hesitate, Call Today!

718-504-6414



QUEENS

116-02 Queens Blvd E F M R
Forest Hills, NY 11375

30-33 Steinway U Q M R
Astoria, NY 11103

162-03 Jamaica Ste 200
Queens, NY 11432 E G S F

LONG ISLAND

260 Sunrise Hwy #102
Valley Stream, NY 11581

MANHATTAN

122 Fulton St A C D O Z S
Manhattan, NY 10038

1264 St. Nicholas Ave A C 1
Washington Hts, NY 10026

BROOKLYN

2444 86th St. Ste A D
Brooklyn, NY 11214

924 Flatbush Ave. O B Z S
Brooklyn, NY 11226

2965 Ocean Pkwy #200 O B
Brighton Beach, NY 11235

BRONX

5221 Broadway 1
Bronx, NY 10463

384 E 149th St. # 201
Bronx, NY 10455 Z S

2157 White Plains Rd
Bronx, NY 10462 O Z S

FOXHURST

947 Southern Blvd., Bronx,
NY 10459 (Now Open)

FORDHAM

11 E. Fordham Rd., Bronx,
NY 10468 (Coming Soon)

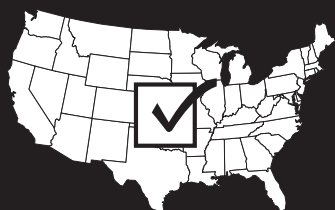
USA
FIBROID
CENTERS

www.USAFibroidCenters.com

2018

UNITED STATES

DISTRIBUTION NOTICE:



■ **TRYING TO KEEP UP:** Rapid shipments of packages containing Vault Bricks loaded with valuable .999 solid U.S. State Silver Bars are flowing around the clock from the private vaults of the Federated Mint to U.S. State residents who call 1-888-282-6742 Ext.FMS2420 to beat the 48-hour deadline.

U.S. State Silver Bars go to residents in 6 states

U.S. residents who find their state listed below in bold get first dibs at just the \$59 minimum set for state residents while all non state residents must pay \$134

AL	AK	AZ	AR	CA	CO	CONNECTICUT	DE	FL
GA	HI	ID	IL	IN	IA	KS	KY	LA
ME	MD	MASSACHUSETTS	MI	MN	MS	MO	MT	NE
NV	NH	NEW JERSEY	NM	NEW YORK	NC	ND	OH	OK
OR	PENNSYLVANIA	RI	SC	SD	TN	TX	UT	VERMONT
VA	WA	WV	WI	WY				

NATIONWIDE - The phone lines are ringing off the hook.

That's because U.S. State Silver Bars sealed away in State Vault Bricks are being handed over to NY, VT, MA, NJ, CT and PA residents at just the state minimum set by the Federated Mint for the next 2 days.

This is not a misprint. For the next 2 days residents who find their state on the Distribution List above in bold are getting individual State Silver Bars at just the state minimum of \$59 set by the Federated Mint. That's why everyone should be taking full Vault Bricks loaded with five U.S. State Silver Bars before the deadline ends.

And here's the best part. Every NY, VT, MA, NJ, CT and PA resident who gets

(Continued on next page)

WEIGHTS AND MEASURES
FULL TROY OUNCE SOLID
.999 FINE SILVER

CERTIFIED SOLID
SILVER PRECIOUS
METAL



DATE IN WHICH THE
STATE RATIFIED THE
CONSTITUTION AND WAS
ADMITTED INTO UNION

DOUBLE FORGED STATE
PROCLAMATION

COURTESY: FEDERATED MINT
PHOTO ENLARGEMENT SHOWS ENGRAVING DETAIL

(Continued from previous page)

at least two Vault Bricks is also getting free shipping and free handling. That's a real steal because all other state residents must pay over six hundred dollars for each State Vault Brick.

Not long ago, nobody knew that the only U.S. State Silver Bars locked away in the private vaults of the Federated Mint would be allocated for a limited release to residents in 6 states. Every single one of the 50 U.S. State Silver Bars are date numbered in the order they ratified the Constitution and were admitted into the Union beginning in the late 1700s.

"As Executive Advisor to the Federated Mint I get paid to deliver breaking news. So, for anyone who hasn't heard yet, highly collectable U.S. State Silver Bars are now being handed over at just the state minimum set by the Federated Mint to residents in 6 states who beat the offer deadline, which is why I pushed for this announcement to be widely advertised," said Mary Ellen Withrow, the emeritus 40th Treasurer of the United States of America.

"These bars are solid .999 pure fine silver and will always be a valuable precious metal which is why everyone is snapping up as many as they can before they're all gone," Withrow said.

There's one thing Withrow wants to make very clear. State residents only have two days to call the Toll Free Or-

der Hotlines to get the U.S. State Silver Bars.

"These valuable U.S. State Silver Bars are impossible to get at banks, credit unions or the U.S. Mint. In fact, they're only being handed over at state minimum set by the Federated Mint to NY, VT, MA, NJ, CT and PA residents who call the Toll Free Hotline before the deadline ends two days from today's publication date", said Timothy J. Shissler, Executive Director of Vault Operations at the private Federated Mint.

To make it fair, special Toll Free Overflow Hotlines have been set up to ensure all residents have an equal chance to get them.

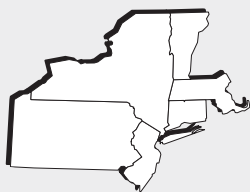
Rapid shipments to state residents are scheduled to begin with the first calls being accepted at precisely 8:30am today.

"We're bracing for all the calls and doing everything we can to make sure no one gets left out, but the U.S. State Silver Bars are only being handed over at just the state resident minimum set by the Federated Mint for the next two days. For now, residents can get the U.S. State Silver Bars at just the state minimum set by the Federated Mint as long as they call before the order deadline ends," confirmed Shissler.

"With so many state residents trying to get these U.S. State Silver Bars, lines are busy so keep trying. All calls will be answered," Shissler said. ■

NY, VT, MA, NJ, CT AND PA: COVER JUST \$59 STATE MINIMUM

CALL ► 1-888-282-6742 EXT.FMS2420 BEGINNING AT 8:30AM



1. IF ALL LINES ARE BUSY CALL THIS SPECIAL TOLL FREE OVERFLOW HOTLINE: **1-888-414-3758 EXT.FMS2420**
2. RESIDENTS WHO FIND THEIR STATE ON THE DISTRIBUTION LIST TO THE LEFT IN BOLD AND BEAT THE DEADLINE ARE AUTHORIZED TO GET INDIVIDUAL STATE SILVER BARS AT JUST STATE MINIMUM OF \$59 SET BY THE FEDERATED MINT. THAT'S WHY EVERYONE SHOULD BE TAKING FULL VAULT BRICKS LOADED WITH FIVE STATE SILVER BARS BEFORE THEY'RE ALL GONE. AND HERE'S THE BEST PART. EVERY NY, VT, MA, NJ, CT AND PA RESIDENT WHO GETS AT LEAST TWO VAULT BRICKS IS ALSO GETTING FREE SHIPPING AND FREE HANDLING. THAT'S A REAL STEAL BECAUSE ALL OTHER STATE RESIDENTS MUST PAY OVER SIX HUNDRED DOLLARS FOR EACH STATE VAULT BRICK.

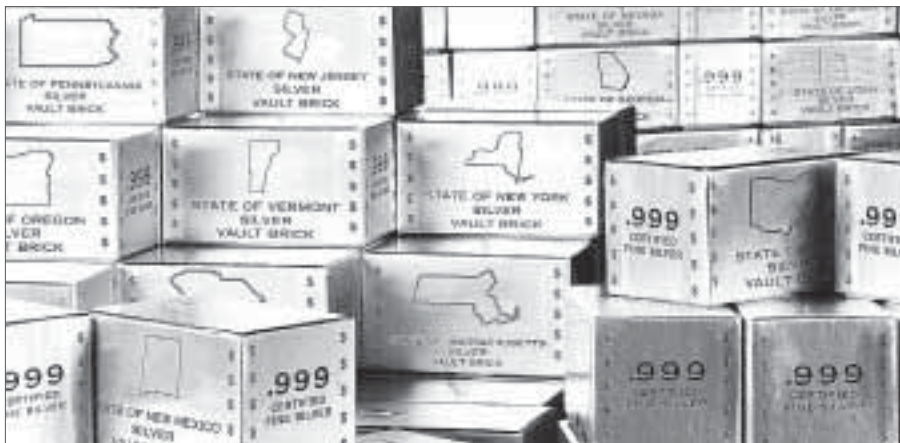
ALL OTHER STATE RESIDENTS: MUST REMIT \$134 PER STATE SILVER BAR



1. NO STATE SILVER BARS WILL BE ISSUED TO ANY RESIDENT LIVING OUTSIDE OF NY, VT, MA, NJ, CT OR PA AT STATE RESIDENT MINIMUM SET BY THE FEDERATED MINT.
2. CALL THE NON-RESIDENT TOLL FREE HOTLINE BEGINNING AT 11:00AM AT: **1-888-414-3761 EXT.FMS2420**
3. IF YOU ARE A U.S. RESIDENT LIVING OUTSIDE OF THE STATES OF NY, VT, MA, NJ, CT OR PA YOU ARE REQUIRED TO PAY \$134 FOR EACH STATE SILVER BAR FOR A TOTAL OF SIX HUNDRED SEVENTY DOLLARS PLUS SHIPPING AND HANDLING FOR EACH SEALED STATE VAULT BRICK LOADED WITH FIVE U.S. STATE SILVER BARS. THIS SAME OFFER MAY BE MADE AT A LATER DATE OR IN A DIFFERENT GEOGRAPHIC LOCATION.

FEDERATED MINT, LLC IS NOT AFFILIATED WITH THE U.S. GOVERNMENT, A BANK OR ANY GOVERNMENT AGENCY. IF FOR ANY REASON WITHIN 30 DAYS FROM SHIPMENT YOU ARE DISSATISFIED, RETURN THE PRODUCT FOR A REFUND LESS SHIPPING AND RETURN POSTAGE. DUE TO THE FLUCTUATING PRICE IN THE WORLD GOLD AND SILVER MARKETS, ORDERS MAY BE CANCELLED OR PRICES WILL CHANGE WITHOUT NOTICE AND STATE MINIMUMS ARE SUBJECT TO AN ADDITIONAL FEE OF NO MORE THAN 2% FOR EVERY \$1 INCREASE IN THE NEW YORK SPOT SILVER PRICE PER OUNCE WHEN EXCEEDING \$18 PER OUNCE AND SHALL BE APPLIED AT THE TIME THE ORDER IS PROCESSED FOR SHIPMENT. THIS SAME OFFER MAY BE MADE AVAILABLE AT A LATER DATE OR IN A DIFFERENT GEOGRAPHIC LOCATION. FEDERATED MINT 7600 SUPREME AVE. NW, NORTH CANTON, OH 44720 ©2018 FEDERATED MINT

P7125A OF20845R-1



■ **A SNEAK PEEK INSIDE SILVER VAULT BRICKS:** Pictured left reveals the valuable .999 pure fine silver bars inside each State Silver Vault Brick. Pictured right are the State Silver Vault Bricks containing the only U.S. State Silver Bars known to exist with the double forged state proclamation. NY, VT, MA, NJ, CT and PA residents are authorized to get individual State Silver Bars at just \$59 state resident minimum set by the Federated Mint. That's why everyone should be taking full Vault Bricks loaded with five State Silver Bars before they're all gone. And here's the best part. Every resident who gets at least two Vault Bricks is also getting free shipping and free handling. That's a real steal because all other state residents must pay over six hundred dollars for each State Vault Brick.



slingshot
HEALTH

Save big on your next doctor visit

- ✓ Discounted last minute appointments.
- ✓ Pay up front. No surprises.
- ✓ See a specialist ASAP.
- ✓ Quality doctors.
- ✓ Save on dental, cosmetic and medical.

Learn more at slingshothealth.com/metro

Spotify's music liaison Troy Carter to depart

Troy Carter, who acted as a bridge between Sweden-based Spotify Technology SA and the recorded music industry, will leave the company in early September but remain in an advisory role, Spotify said on Monday.

Carter was a music industry veteran who had previously helped manage artists such as Lady Gaga and John Legend. In 2016, he became Spotify's global head of creator services.

In that role, he helped the Swedish company allay concerns from artists over how they could gain a following and make money on Spotify's streaming music platform, which has thinner margins than the traditional record business.

"I came to this company to help bridge the gap between Spotify and the creative community," Carter said in a prepared statement. "Over time, that goal evolved from fixing a challenge to building a global team focused



GETTY IMAGES

on changing the game for artists around the world, partnering with them to help bring their creative visions to life in new and innovative ways."

Variety earlier reported Carter's departure. The magazine also reported that Carter had been upset at a Spotify policy put in place in May that demoted the prominence of some artists after they were accused of what the company called "hateful conduct."

The policy affected artists such as singer R. Kelly and rapper XXXTentacion. Last month, Spotify narrowed the policy, keeping a ban on songs "whose principal purpose is to

incite hatred or violence" but removing terms related to an artist's conduct.

Spotify did not respond to a question about whether Carter's departure was related to the policy.

In a statement, Spotify Chief Executive Daniel Ek said when Carter "joined our team, there was skepticism from the artist community on streaming overall. Troy has been instrumental in changing that perception and his efforts to establish true partnerships across the industry will be felt for years to come."

Spotify shares closed down 5 percent at \$176.79.

REUTERS

DO YOU HAVE ASTHMA? Looking for an alternative treatment?

New York Clinical Trials is currently conducting a research study
for asthmatic patients.

You May Qualify If You:

- Are 18 years of age or older
- Have poorly controlled or uncontrolled asthma

If Qualified, You May Receive:

- Study-related care and medication
- Compensation up to \$55 per visit

**Call Us Now For More
Information:**

www.ClinicalTrials.NYC



ALL IS FREE AND CONFIDENTIAL • NO INSURANCE REQUIRED
DON'T LET ASTHMA TAKE YOUR BREATH AWAY!

karina@nycclinicaltrials.com

516-545-0951

50 Court St, Rm 1002, Brooklyn, NY 11201

Forget the beach — save money this summer by taking a ‘staycation’

Do you really need to leave home to relax?



PAT KING
patrick.king@metro.us

In a recent study conducted by home-remodeling experts Porch, they found that people save an average of \$1,600 when they decide to take a staycation instead of booking an expensive trip to some remote exotic location. When you really think about it, by not having that financial burden added on top of both the stress you had before your trip and the stress that will be added from it — you might actually find that calming state of higher relaxation you’ve been dying for. Besides, just

think about the things you could do in your city with a few days off from work and with that kind of money saved up? Here are some great ideas for your next staycation.

Treat yourself to a fancy dinner

By not spending all of the money you would on travel and accommodations for an expensive vacation — you will have a bigger budget at your disposal on your staycation to really do it up like the “other half” do. Living in such a food-centric city, it can be nearly impossible to get reservations at some of the most written about and critically acclaimed restaurants at a time when regular people eat before the already booked reserva-

tions.

Beat the weekend rush

Have you ever wanted to go to a popular limited exhibit at a museum or to see a blockbuster movie without having to deal with the crowds that ascend upon these things on the weekends? Well, by having some time off to enjoy the city where you live you can experience these cultural events on your own time rather than along with the eager masses.

Book a hotel room in a different part of town

If a change of scenery is something that you are absolutely craving, booking a room in a hotel in a different part of town could bring your staycation to the next level. By spending one



ISTOCK

or two nights just out of reach from your apartment you can still have that similar feeling of waking up somewhere else and to experience a completely different neighborhood. You can even take things further by booking a guided food tour — like the Chinatown food tour in Flushing, Queens — to really immerse yourself in your new surroundings.

Take some time for ‘self care’

When taking a vacation — or in this case, a staycation — you should probably ask yourself why you want to take time off from work in the first place? By taking a few days to focus on self care you can return back to your day job with a clear mind and a rejuvenated sense of purpose. Whether this is going

for a long run, visiting a spa, signing up for an intense workout, or just catching up on all of the binge watching you’ve missed out on with your busy schedule, finding that inner peace is all that matters. That is why carving out the time to actually relax during your staycation can be just as rewarding as an expensive trip across the world.

Great CD and Savings Rates!

Choose the account that’s right for you.

1 Year CD*

2.15%
APY



6 Month CD*

2.00%
APY

100% liquid
No monthly
maintenance fee

Grand Yield
Savings®

1.60%
APY

for balances of
\$2,500 and up**

Visit one of our conveniently located branches today!

Annual Percentage Yields (APYs) disclosed are effective as of 5/16/2018 and may be changed by the Bank at any time. *CDs require a \$1,000 minimum balance to open and earn interest. Early withdrawal penalty may apply. CDs must be opened in person at an Apple Bank branch. ** For the Grand Yield Savings Account, interest earned on daily balances of \$2,500 or more at these tiers: \$2,500-\$9,999: 1.60% APY, \$10,000-\$24,999: 1.60% APY, \$25,000-\$49,999: 1.60% APY, \$50,000 or more: 1.60% APY. There is no interest paid on balances between \$1-\$2,499. \$100 minimum deposit required to open account. A combined \$3,000,000 maximum deposit per household applies to the Grand Yield Savings Account. A household is defined as a family residing at the same address. This account may be opened as a passbook or statement savings account. Offer may be withdrawn at any time without prior notice.

Apple Bank

Established 1863 · Member FDIC

www.applebank.com



Pat King
Grumble Editor

the GRUMBLE



Tell us what you think!



@metro newyork

forgotten how to wait in line for anything. Standing and weight-shifting as close as you can to the person in front of you will not make the line move faster. If I can feel you breathing on my neck you're too close! If your toe is touching my heel you're too close! If the tag is sticking out of my collar and you can see that I'm a size medium, you're too close! Relax and respect my space... please!

- Q, Metro Boston reader

VENT TO US!
GRUMBLE@METRO.US

SPOILERS!

I had an experience recently when I was on my way to a movie and I passed a couple who was leaving the theater as I was entering. Just as I walked past them, I overheard them talking about the ending of the movie I was

JUST about to see. I stopped dead in my tracks and looked back and said, "Come on, really?" They looked back and realized what they had done and the guy pantomimed a silent "sorry" as they walked

away. A much braver version of me would have launched a shoe at them in protest. I get that if a movie or TV show has been out for a few years, it has officially entered the larger pop-culture conversa-

tion and is fair game. But if it's something that has just been released, read the room! Not everyone has seen this movie or show yet. Give us time to catch up in a spoiler-free world!

READER WRITE-INS:

PUMP THE BREAKS AND RESPECT MY SPACE!

Thanks to the internet and cellphones we are losing patience more and more everyday ... we've

#metronewyork caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to @metronewyork @metroboston @metrophilly



"Here goes nothing!"

The winning caption from Matt V., Metro Philly reader

TOMORROW'S PHOTO:



metro.us/horoscopes



Aries Your input will make a difference, and actions will show others you mean business. Much can be accomplished if you are diligent about turning your vision into something substantial.



Taurus Before you bring about change, make sure you can afford to do so. Don't allow anyone to talk you into something you don't need. Focus on self-improvements and personal goals.



Gemini An abrupt change will lead to a heated discussion if you aren't diplomatic. If you want something, use your charm and intelligence to get it.



Cancer Do things your way. Show off your unique outlook and ideas. You'll intrigue someone you'd love to collaborate with or get to know better. Love is on the rise.



Leo Don't follow the crowd. You'll be given false information. Do your own thing and be moderate in the way you live and the amount you spend.



Virgo Don't hesitate if you want to make a move. A lifestyle change will affect the way you move forward personally and professionally.



Libra Show what you are capable of doing. Others will notice the results you get. Pour your energy into improvements that will enhance your situation at home.



Scorpio Easy does it. If you are too aggressive in your pursuits, you will not have enough time to finish what you start. Focus on what's most important to you.



Sagittarius Speaking openly will attract someone eager to take advantage of you. Share only information that cannot be used against you. Emotional blackmail should be dealt with intelligently.



Capricorn Focus on contractual agreements and negotiations. You can sway others to see things your way if you use unusual tactics. Incentives will help bring about positive change.



Aquarius Approach partnerships with diplomacy. Have a few ideas that can be incorporated into your plans to satisfy anyone needing a nudge. Travel and educational pursuits will cost more than anticipated.



Pisces If you look for an opportunity, you will find one that will change your life. Heading in a positive direction will give you a new lease on life. Love and romance are highlighted. EUGENIA LAST

NYC Doctors Urge Back Pain Sufferers

Read This Before Having Surgery or Using Opioid Drugs

Modern Treatment stands to free thousands of New York Area pain sufferers from reduced mobility, stress and poor quality of life. Treatment may help avoid surgery or overuse of dangerous medication

NEW YORK CITY - If you are interested in relieving back pain or neck pain, getting back to basic daily activities without discomfort and having more energy, than this this will be the most exciting message you ever read.

Here is why:

There is a medical clinic in New York City called **NYC Pain MD**. Actually two of them... in different parts of the city. I'm not sure... but if I'm right... you may want to call them after reading this. If so, their phone number 877-278-8980.

Here's What This Is All About

The doctors at **NYC Pain MD** have made a discovery of sorts. It's not a discovery as in they invented something brand new. It's a discovery about when and how they apply certain back pain treatments... that they have fine tuned... and perfected to get better results than they ever thought possible.

Countless patients are living proof. **And check this out:** What NYC Pain MD doc's actually use is called an "algorithm"... a special step-by-step formula starting with proper evaluation so you make sure to leap frog or bypass treatments that won't work... and find the ones that will work best for you in a little time as possible. Less trial and failure means better quicker results for the pain sufferer.

Now, you may have even heard about many these treatments. **But here's one I bet you may have never heard of... that might help you... and it's not an "epidural".**

This treatment is called:

"Radiofrequency Neurotomy." RF for short. RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your back or neck and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced precision medical imaging to target the damaged areas... done right in their own clinic without intimidating, expensive hospitals or surgical center... to "block" the painful nerve flow.

Two steps in the formula are performed. First, a test or diagnostic "Block" procedure is done to determine if the procedure is going

to decrease pain and improve function. If this first "test" procedure is successful, RF Neurotomy or "Radiofrequency" will be performed for longer term relief.

NOT just the Treatment alone that is the key ingredient

You see, the real secret is the *formula*. And that again starts with a proper screening evaluation to determine if you are a good candidate and may achieve the results you are looking forward to. This is always Step number one.

And the best part about this screening is... It's FREE

This screening will give you so much relief just knowing what is going on... and what your best options are.

That's right. **NYC Pain MD** offers this first step screening at no cost to patients. The only problem is... they often get over 100 inquiries a day as they also treat almost every painful area and joint. Sometimes its hard to get through. If you don't get through to someone when you call... keep calling... or leave a message... it will be well worth it.

But that's just the first step

After your free screening, if you qualify, the doctors will discuss the best treatment plan for you in a way that you can understand completely. Not all complex "doctor talk"...

This may be one... or a combination of the advanced medical treatments offered at **NYC Pain MD**.

Everything will be explained and all your questions will be answered. And even better:

You will be given all this At NO COST. **NYC Pain MD** doc's are not like used car salesman. They will not be giving you a sales pitch. They are doctors and will give you the best possible options to help your pain and offer to help you the best way they can. In fact, with up to 100 inquiries a day from patient's looking for relief, it's often hard to even get a treatment spot.

You should also know this: While **NYC Pain MD** cannot help everyone... so many have gotten the pain relief they were looking for.



New Techniques May Replace Medications Or Even Surgery: Innovative treatment is now available at NYC Pain MD. Many are seeing dramatic relief for the first time.

One of the reasons they offer those first step free screenings, is because it has opened the door to so many people to get help that they never would have otherwise.

At the very least, you will finally have some direction and a plan. And... whether you have the best, worst or no insurance at all, **NYC Pain MD** programs can be made affordable to everyone

They do not want insurance issues... or *not* being rich or famous... to keep you away if you are suffering in pain.

There is a whole lot more I could say about their treatments etc... but this space is limited and that's best left for you and the doctors to discuss in person.

So...if you are even remotely interested ... take the a first step and give them a call at 877-278-8980 and ask for your free screening.

How To Schedule Your Risk-Free No-Obligation Screening Evaluation

When you call, tell the scheduling experts you are calling for the special "No Obligation Back Pain Screening Program". They will know exactly what you need to do and will find the next available and convenient spot in our in our schedule. So again, just call 877-278-8980. The lines get very busy so if you do not get a live scheduling coordinator, make sure to leave your name, number and time of your call on our voicemail. They will get back to you as soon as possible. Again, the number to call is 877-278-8980.



www.PainMDNY.com
877-278-8980

LIFESTYLE

Not that you need an excuse to seek out \$1 oyster happy hours, but we thought you should know where to find them ahead of National Oyster Day on Aug. 5.



EVA KIS
eva.kis@metro.us

The Oyster Room

After spending a sunny day at Brooklyn Bridge Park, your \$1 oyster destination is just two blocks away at The Oyster Room in Brooklyn Heights. They do serve a handful of more substantial plates at this casual seaside barroom, but the focus is on fresh East Coast oysters and cocktails like the Hemingway Daiquiri.



You don't need a national food "holiday" to find \$1 oysters in New York City. BRANDON HARDIN

Mon-Fri 5:15-7 p.m., 66

Hicks St.

Good Night Sonny

Get to the funky-comfy Good Night Sonny right as you get out of work — they don't take reservations. This rustic hipster library fills up fast with

cool kids seeking out its seafood-heavy menu (with some French classics thrown in, too). The \$1 oyster deal offers a choice of 10 varieties from the East Coast and Canada, as well as a selection of \$8 cocktails. Weekdays 4-7 p.m., 134 First Ave., St Marks Place.

AOC East

This is probably the best deal on this list: The Upper East Side's intimate French wine bar and bistro AOC East, with its delicately carved cathedral ceilings, offers \$1 East Coast oysters from 4-7 p.m. — or all night at the bar. 1590 First Ave.

Manchego Koko

Snuggle in for an intimate date night at wine-focused Spanish tapas bar Manchego Koko. Start your night with \$1 oysters during happy hour (half dozen minimum), which also features several small plates and sangria for \$6, plus specials on beer and wine. Daily 5-7 p.m., 1502 Cortelyou Road, Flatbush

Akrotiri Taverna

Chef Nicholas Poulmentis turns out modern Greek food that's light, seasonal and seafood-focused at the new Akrotiri Taverna. During happy hour, you'll find select wines for \$5 and bites including \$1 oysters (half dozen minimum) and gigantes braised in red wine for \$6. Mon-Fri, 3-6 p.m., 29-20 30th Ave., Astoria

Fish Cheeks

Tucked behind a rainbow

fish scale awning in Noho, authentic Thai dishes are served family style at the popular Fish Cheeks. Unlike most places that will serve you oysters on the half shell and call it done, here they're served with a green chimichurri-like sauce with a serious garlic kick. House cocktails are also \$10 during happy hour, and shrimp crackers are complimentary. Daily, noon-4 p.m. and 5-7 p.m., 55 Bond St., NoHo

Grape and Grain

The co-owner of Brooklyn's Rooftop Reds vineyard and wine bar just took over a restaurant a little closer to the ground. Grape and Grain has been in the East Village for 12 years, but is shifting gears toward a sustainable American comfort food menu and a wine list spotlighting vineyards from around the U.S. On Thursdays

GET READY FOR SUMMER!!

SPECIAL \$500 OFF WITH THIS AD

FRANCIS NY PLASTIC SURGERY

114 EAST 71ST STREET • 212-226-0677

Between Park & Lexington Avenues • www.francisnyplasticsurgery.com

Brazilian Butt Lift • Fat Grafting
 Buttock Implants
 Calf Implants
 Breast Augmentation
 Breast Lift
 Breast Reduction
 Breast Reconstruction
 Liposuction
 Smart Lipo
 Body Lift
 Arm Lift
 Face Lifts • Eyes • Neck
 Tummy Tucks • Mini & Full
 Nose Reshaping
 Lip Plumping
 Botox • Sculptra • Juvederm
 Dysport • Restylane • Radiesse
 Affordable Cosmetic Surgery
 0% Financing Available
 Surgical Center On Site
 With Certified Staff
 Quick & Safe Anesthesia
FREE CONSULTATION

TUMMY TUCK
BREAST AUGMENTATION
BREAST REDUCTION
ARM LIPOLYFT
BUTT AUGMENTATION
MONKEY MAKEOVER
AB AUGMENTATION

FREE CONSULTATIONS!

Dr. Kenneth R. Francis • Board Certified Plastic Surgeon • Featured in: "Allure, Glamour, and The Today Show"



Enjoy a glass of sake with your oysters during Sakamai's Soul of Sake nights. PROVIDED

from 5-10 p.m., start your night with \$1 oysters and skip the rosé — they pair best with a buttery white. 620 E. Sixth St.

Wokuni

Midtown's affordable destination for Japanese seafood Wokuni offers an Arigato Set during happy hour that works out to \$1 per oyster for a half dozen (you can also go with the combo of edamame and karaage fried chicken), served with a glass of wine or beer for \$10. Daily, 5-7 p.m., 327 Lexington Ave.

Crave Fishbar

The Upper West Side's sustainable seafood hotspot Crave Fishbar launched a new Drink Like a Fish bottomless

brunch earlier this summer, with 90 minutes of cocktails for \$18 with any brunch entree like Fried Fish & Waffles. Start your meal with Shucker's Choice oysters for \$1, perfect for enjoying on the outdoor patio. Sat-Sun, 11:30 a.m.-3:30 p.m., 428 Amsterdam Ave.

Sakamai

Every Monday evening, Lower East Side izakaya and sake lounge SakaMai hosts the Soul of Sake series, a casual tasting led by sake sommelier Jessica Joly. Each week, she'll pour a different premium sake during this "informational happy hour," as the restaurant calls it, accompanied by three oysters for \$9. Mondays, 6-8 p.m., 157 Ludlow St.

STK Rooftop

This is actually a \$2 oyster happy hour deal, but they're served on a rooftop where prices tend to go a little loopy. During its Social Hour, STK Downtown and Rooftop both offer \$2 oysters along with drink specials and deals on signature appetizers like tuna tartare and smoked bacon skewers. Mon-Fri 4-6:30 p.m. (starting at 3 p.m. on Summer Fridays), 26 Little W. 12th St.

Is your loved one suffering from Agitation or Aggression due to Alzheimer's disease or Dementia?

In this research study, individuals with a diagnosis of **Alzheimer's disease** or **dementia** who have symptoms of **agitation** or **aggression** will receive 12 weeks of free study treatment with help in behavioral management from experts in the field.

IF INTERESTED, PLEASE CALL
646-774-8674

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center, is funded by the National Institutes of Health and sponsored by Johns Hopkins University.

SUFFERING FROM ACNE?

You could qualify to participate in a treatment study.

- Eligible participants must be 12 years of age or older
- All study treatments and care provided at no cost
- Reimbursement for time and travel provided

No health insurance needed to participate



CALL 917-768-7276 or
EMAIL SRG@sadickdermatology.com
for more information.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large lump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight- they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and itchy - sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...

Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete
forefoot care laser surgery available

Relief For Chronic Heel Pain

Now featuring genesis^{plus}

New FDA Laser Treatment For
Nail Fungus, Scars & Warts

CUTERA



New Treatment For Heel Pain,
Shockwave, PRP
(platelet rich plasma) is seen
on the front page of The New
York Times

The Most Advanced Techniques Used For
Bunions & Hammer Correction

Downtown location

63 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location

121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

335 East 22nd Street
(between 2nd and 3rd Ave.)
1 212-486-7333
184 West 70th St
212-772-3500

APPROVED
NOVEMBER 14, 2017
INTERVIEW

BIOTRIAL is recruiting for a study which includes an in-house stay of 11 days / 10 nights and 1 end of the study visit.

You may be compensated for your time and travel up to \$3,600 for your participation in the study.

You must be:

- Healthy male or female between 60 - 85 years of age with a BMI between 18 - 30 kg/m².
- Non-smoker or ex-smoker for at least 6 months.

Need more info?
Call recruitment at
(844) 246-8459

No time to talk?
Email recruitment@biotrial.com
or register online at
www.biotrial.com

• Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.

BIOTECHNOLOGY
LIFE CHANGING EXPERIMENTS



Michaela Watkins and the cast of 'Casual' talk the end of an era

One of Hulu's first critically acclaimed series is coming to an end this week.



ANDREW HUSBAND
letters@metro.us

At one point during the latest season of "Casual," which premieres Tuesday on Hulu, Valerie Meyers (Michaela Watkins) tells her younger brother Alex (Tommy Dewey), "I'm going to miss this." With an

understanding smile, he responds, "Me, too."

It's one of the more poignant moments from the season four trailer, because the next eight episodes will be the show's last.

Created by Jason Reitman, Zander Lehmann and Liz Tigelaar in 2015, "Casual" was one of first shows to usher Hulu into the realm of acclaimed programming. By the time season three's final episode aired in August 2017, however, no one knew if the series would

be back. (Hulu didn't announce its return until that October.) When the news finally did break, the cast and the crew felt a great sense of relief.

"We were delighted and thrilled to find out we were getting another season. And then it was bittersweet to find out it was going to be our last season," recalls Watkins. "But at the same time, the scripts were that much more meaningful, and shooting it felt that much more heavy, in an immediate and thrilling kind of

FREE GENETIC OBESITY TEST

Are You or Your Child Very Overweight?

DID THE WEIGHT GAIN START
AT A VERY EARLY AGE?

IF COULD BE DUE
TO YOUR GENETICS

GET TESTED FOR FREE TODAY

Karina (516) 545-0951

50 Court St, Rm 1002,
Brooklyn, NY 11201

ClinicalTrials.NYC

a way."

As Tara Lynne Barr, who plays Valerie's daughter Laura, explains it, knowing this season would be their last assured everyone at "Casual" that they would get to the chance end the story on their own terms.

"I have a lot of friends who have been through heartbreaking cancellations. You hear about them all the time in this business," she says.

"So all of us felt really, really grateful that we were going to have the space to finish the season. Not just for the viewers, but for us as actors and for our crew, the producers and the writers. It felt like a real blessing, like we were able to get the closure we all needed as coworkers and friends."

Dewey adds that finishing the story provided the cast with some much-needed creative fuel. "Because the real experience of ending the show dovetails with the experience of these characters moving on to new phases of their lives, the fantasy and

reality got intertwined a little bit," he says. "We were able to use some of those feelings about the show's end when portraying these characters in their last moments in the story."



It's the end of the road for the "Casual" crew.
ALL PHOTOS HULU

"You know, this was tough," Dewey says, "but it was only tough because it was so great."

Even so, everyone admits they're going to miss the show, especially their respective roles. "Alex strikes a tone that really resonates with me," says Dewey. "I grew personally in many ways from confronting some of the ideas around Alex. It's a nice way to vent, because he

doesn't suffer fools. I am probably a little too polite because I hear my sweet, southern mother's voice in my head, so it was nice to play Alex and tell the world what he thought of it."

"I'm going to miss her like I miss a bad boyfriend who can sometimes be a real a-hole, but you love him despite his wart," Tara laughs when asked about Laura. "I know she wasn't always the most sweet, charming or likable character, but I hope people, especially women, watched her and thought to themselves, 'What a pain in the ass... but I like her.'"

As for Watkins, letting go of Valerie is both a heartbreaking prospect and a welcome change. "I want this show to feel like when you finish a really good novel and then you cry a little bit," she says. "You're going to miss everyone you spent all this time with because that's it. There's no more pages."

The final season of "Casual" debuts Tuesday on Hulu.



NYMETROVEIN

Metropolitan Vein and Aesthetic Center

Painful Veins and Swollen Legs? Don't Hide Your Legs Anymore!

Let Dr. Adam Goldman Remove Your Varicose Veins and Reduce the Swelling In Your Legs
"Show Off" Your Legs Again!

Covered by most health insurance plans and Medicare

Hablamos Espanol



BEFORE AFTER

We specialize in circulatory problems including but not limited to:

- Varicose Veins •
 - Spider Veins •
 - Burning & Itching •
 - Skin Discoloration •
 - Clots •
 - Leg Pains & Cramps •
 - Difficulty Standing •
- for Extended Periods
We Will Eliminate Your Varicose Veins



BEFORE AFTER
Elimination of Veins

- The procedures are minimally •
- invasive with local anesthesia •
- You can return to your daily •
- activities the next day •
- We can alleviate your •
- discomfort with •
- excellent results •

WE ALSO OFFER A VARIETY OF COSMETIC SERVICES

Call for a FREE consultation and mention this ad when you call



Dr. Adam Goldman, MD

www.nymetrovein.com



Call us today to schedule a free consultation.

866-236-1793

4915 Broadway Apt. 1-0, New York, NY 10034

750 Mclean Avenue, Yonkers, NY 10704

37-73 103rd Street, Corona, NY 11368

THE MEMORY DISORDERS CENTER AT COLUMBIA DEPARTMENT OF PSYCHIATRY



Are you or a loved one worried about having Alzheimer's disease? RECEIVE A FREE MEMORY EVALUATION & ACCESS TO CURRENT RESEARCH STUDIES

ELIGIBLE PARTICIPANTS ARE AGES 55-95

- EVALUATIONS MAY INCLUDE:
- Neuropsychological testing for memory and cognition
 - Formal assessment of behavioral changes
 - Physical assessments such as blood screens and ERGs
 - A second opinion on a diagnosis of Alzheimer's disease
 - Counseling and education in available services and studies



CONTACT US
646-774-8668

1051 RIVERSIDE DRIVE
NEW YORK, NY 10032



'Nico, 1988' is a different kind of biopic

Susanna Nicchiarelli wanted to explore another side of the singer's journey.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

The biopic is a tricky film to master, as most just feel like the movie equivalent of scrolling through a Wikipedia page.

But "Nico, 1988" is a unique addition to the genre thanks to its captivating and gritty style, as well as its ability to offer genuine insight into the singer, her life and her struggles. Writer and director Susanna Nicchiarelli breaks down her film about the former Velvet Underground singer.

What were the origins of "Nico, 1988"?

The first thing that intrigued [me] was her voice, coming out of "The Velvet Underground & Nico" record, which I listened to when I was in my 20s, which was the end of the '90s. When you first listen to that album, Nico has a man's name and a very deep voice. I remember thinking, "Is it a man or a woman?" Then I was fascinated by this voice, and I wondered what she had done afterward. I listened to the music she had done



Get to know the real Nico. MAGNOLIA PICTURES

afterwards and liked it very much, especially certain songs off certain records. I also understood that she made very difficult music, especially for the time. I realized that she had been a very interesting artist. At the same time, I would keep seeing her in rock-star biopics, and she would only pass round because she was going to bed with someone famous. I would read quotes, like the one from Warhol, that said, "She became a fat junkie and then disappeared." It was so not true. She had done so many things since the Velvet Underground experience that I felt the urge to tell the second half of the story.

What did you want to

explore in the film?

I wanted there to be a song in every section that represented that particular moment in Nico's life. You know, she was changing, and she does change in the film. So that too was important, and that was more or less how I wrote it. It was very emotional. I didn't try to put everything inside. I just tried to build an emotion. At the same time I didn't want to force a tie with the audience, because I know it is very hard to identify with a rock star character, with a character like Nico. It is very hard to forgive her [for] certain things.

"Nico, 1988" opens in New York at the Film Forum on Aug. 1.

MANHATTAN Best Dental Care

A beautiful and healthy smile has never been more affordable

Up to 50% OFF

We Are Giving You 10 Reasons To Smile:

Oral Exam, Consultation	Free	
Oral Cancer Screening	Free	
X-Ray With Teeth Cleaning	\$175	\$300
Implant With Porcelain Crown	\$1499	\$3000
Invisalign Clear Braces	\$4999	\$7000
Zirconia Porcelain Crown	\$700	\$1400
Zoom Teeth Whitening	\$399	\$599
Overdentures With Implants	\$4490	\$7500
Porcelain Veneer	\$700	\$1400
Root Canal	\$700	\$1400

Interest
Free Payment
Plans
From \$0
Down

80-45 Kew Gardens Rd.
Kew Gardens, NY 11415
(718) 261-2005

Call for
Free Consultation

1623 3rd Ave., Suite # 204
New York, NY 10128
(212) 722-4088

www.manhattanbestdentalcare.com



**DO YOU KNOW YOU
CAN HIRE YOUR
FAMILY/FRIEND TO
TAKE CARE OF YOU?**

JOIN CDPAP NOW!

(Consumer Directed Personal Assistant Program)

With the CDPAP program you have the freedom to hire your own caregivers, they do not need to have HHA/PCA certificates. You can design your own schedule, and reward your caregivers with great benefits!

Pay up to
\$17.09
with holiday
& vacation
pay

SERVICES IN ALL FIVE BOROUGHES INCLUDING LONG ISLAND AND WESTCHESTER SOCIAL WORKER PROGRAM PROVIDED

Call today: 212-560-9218

Visit us at 224 West 35th Street Suite 708, New York NY 10001

Xincon Home Care

www.xinconcare.com

IT'S SUMMER..TIME TO RID UNWANTED FAT!
www.nylaser.net



**If you can pinch it,
we can freeze it off!**

No exercise • No diet • No downtime

**SALE \$200 OFF
FREE CONSULTATIONS**

**LASER HAIR
REMOVAL FOR
ALL SKIN TYPES**

Small area **\$50**
Medium area **\$75**
Large area **\$99**
Full body **\$199**

Zerona
6 for **\$199**

Loose 3-9 inches
in just 2 weeks
Zero pain
Zero downtime

Cavi-liposuction
6 for **\$399**

Reduce cellulite
Melt fat
Non surgical
Painless

**2 for \$50
WAX SPECIALS**

Brazilian, bikini,
chest, back, arms,
legs or buttocks
Full body wax
incl Brazilian **\$69**

Velashape III..
Rids cellulite while
tightening area
results in
as little as
4 sessions
4 for **\$299**



180 7th Ave. South, btwn W 11th Street & Perry Street

212-229-1389

FREE Consultations

We accept care credit. Open 7 days a week

SPORTS

Could Yanks really pull off a trade for Bryce Harper?

Rumors are swirling that the Nationals might trade their star before Major League Baseball's trade deadline at 4 p.m. today.



JOE PANTORNO
joseph.pantorno@metro.us

The Washington Nationals are on the verge of falling out of contention in the National League East as they sit six games behind the division-leading Philadelphia Phillies. With the trade deadline coming up at 4 p.m. this afternoon, not only could the Nationals see the end of their season, but there is a slim possibility they could see the end of star right fielder Bryce Harper in the nation's capital.

Harper is entering unrestricted free agency this winter after seven inconsistent



AARON JUDGE



It's unlikely that the Nationals could trade Bryce Harper. But if they did, one could never write the Yankees off. GETTY IMAGES

and ultimately disappointing seasons with the Nationals despite winning an MVP Award in 2015 and making six All-Star Game appearances. Yet his Nationals, who entered numerous seasons as favorites to win the pennant, were unable to attain any sort of real postseason success.

The 25-year-old, in the meantime, has had some great seasons, but one still can't predict what could be expected of him. After batting .319 with 29 home runs and 87 RBI last year, Harper is batting a measly .220 to go with improved power numbers of 25 home runs and 62 RBI.

As frustration mounts in D.C., so do talks about the Nation-

als possibly trading Harper if the notion is that he will not re-sign with the team this winter.

Harper, who will be in the free-agent class along with Los Angeles Dodgers shortstop Manny Machado, is expected to receive the richest contract in Major League Baseball history this winter, surpassing the astronomical 13-year, \$325 million deal New York Yankees outfielder Giancarlo Stanton received from the Miami Marlins prior to the 2015 season.

If the Nationals feel that they can't re-sign him, they might have to scramble to trade him before July 31. However, even the thought of Harper's availability for a contending team

should warrant some impressive returns, even if it's nothing more than a rental for the final three months of the season.

The thought of the New York Yankees even possibly pursuing Bryce Harper would draw the ire of any baseball fan who does not have an affinity for pinstripes. But any sort of big-name trade target or free agent will always be connected to the organization.

But Aaron Judge is out for three weeks with a wrist injury and the Yankees could be keen on picking up a power bat to help the club try and stay close to the Boston Red Sox in the American League East.

There are plenty of

factors working against the prospect of Harper joining New York, though. The Nationals would likely ask for a number of New York's prime prospects, whether that be pitcher Justus Sheffield or outfielder Estevan Florial.

As seen in the Yankees' pursuit of Manny Machado, who was dealt from the Baltimore Orioles to the Dodgers earlier this month, it is clear that they were hesitant to include top prospects for the possibility of nothing more than a rental.

Now dealing with the hypotheticals: Say the Yankees trade for Harper and he wishes to re-sign, it would saddle the organization with another enormous contract after taking a

chunk of Stanton's deal off the Marlins' books. So much for staying under any sort of luxury tax threshold.

While Judge and Stanton already split time in right field, it shouldn't be that difficult to find Harper a place to play. Brett Gardner is likely playing in his final season with the Yankees, which would allow Harper to slot in at left field, a position he's played 194 games at during his career.

Harper could feast on the short porch in right field at Yankee Stadium, but time constraints and negotiations would obviously work against any sort of idea that New York could acquire Harper in the next few hours.

EXPERT ADVICE

CRUISE.COM

LOWEST PRICE

***Free Pre-Paid Gratuities, Free Upgrades plus up to \$1700 Onboard Spending & More!**

<p>6-Day U.S./Canada</p> <p>\$479*</p> <p>629* 849*</p>	<p>7-Day Alaska</p> <p>\$499*</p> <p>565* 3469*</p>	<p>7-Day Bahamas</p> <p>\$499*</p> <p>579* 699*</p>	<p>7-Day Bermuda</p> <p>\$639*</p> <p>739* 879*</p>	<p>8-Day Caribbean</p> <p>\$699*</p> <p>819* 1029*</p>	<p>11-Day Cuba Cruise</p> <p>\$789*</p> <p>889* 1479*</p>
---	---	---	---	--	---

800-395-6851

*Prices are per person, double occupancy. Prices include taxes and port fees. All itineraries and prices are subject to change without notice. All exclusive deals are per cabin on select sailings. GST #R123456789

Jets officially sign Sam Darnold

The rookie's holdout came to an end Monday after a contractual dispute.



JOE PANTORNO
joseph.pantorno@metro.us

After a four-day contractual holdout that kept him out of training camp, Sam Darnold has agreed to a four-year contract worth \$30.25 million, as first reported by ESPN's Adam Schefter.

The entirety of that \$30.25 million is guaranteed, which was the source of the standoff between the rookie quarterback and the organization last week.

According to ESPN's Rich Cimini:

"While the offset clause remains an issue, the major sticking point, as I understand it, is default language pertaining to guaranteed money. Under the Jets' proposal, Darnold's entire guarantee will void if he's fined by the league for discipline or conduct on/off the field. This is different from the Baker Mayfield and Josh Allen contracts. In their cases, their guarantee voids with a suspension, not a fine. Big difference. The Jets' approach is unusual based on recent history. It's believed that, in the last 10 drafts, no top-3 pick had



After a dispute over guaranteed money, Sam Darnold signed a four-year, \$30.25 million deal on Monday. GETTY IMAGES

voidables tied to league fines. This may sound petty, but Darnold has a \$30 million guarantee over the life of the proposed contract."

In layman's terms, Darnold's original proposed contract had \$30 million in guaranteed money. If he messed up in any way, whether that meant being fined or suspended, he would have lost that money.

With that much money on the line, it's understandable why there were some difficulties in negotiations.

For some Jets fans, though, it was just another reason to worry. Let's face it, the Jets haven't had many things go right for them over the past five decades or

so.

With one Super Bowl appearance and win since 1968, there hasn't been much to get excited about around the green side of New York, or New Jersey. But Darnold provides a glimmer of hope that the franchise just acquired its first real franchise quarterback since Joe Namath.

And he's only 21 years old.

There should not have been much reason to worry even if the holdout meandered into August.

Ideally, Darnold shouldn't be under center at any portion of the 2018 season. With veteran Josh McCown coming back after a career year and Teddy Bridgewater having a lot to prove, the

only way the USC product should see any sort of game time is because of injuries.

The Jets should take their time to develop Darnold rather than throwing him into game action come Week 1. If the organization wants to see him in real-time action, that's what preseason is for. So it would have been understandable had a feeling of haste grew the closer things got to the middle of August.

Now with Darnold under contract and reporting to camp, the Jets will hope their future is in the kind of headspace where he will want to come in and help the team out in any way possible. Even if that means holding the clipboard for his first year as a pro.

Market for Mets' Wheeler builds

New York Mets starting pitcher Zack Wheeler continues to watch his value soar over the past few weeks. With Major League Baseball's July 31 trade deadline upon us, the market continues to heat up.

FanCred's Jon Heyman reported Monday that the New York Yankees, Philadelphia Phillies, Atlanta Braves and Milwaukee Brewers are four of the most notable teams that have contacted the Mets about Wheeler.

With just hours remaining until the deadline is up, contending teams that are in need of pitching have zeroed in on Wheeler given his recent run of good form. Over his past five starts, Wheeler has posted a 3-0 record with a 2.56 ERA and 37 strikeouts in 38.2 innings of work.

For the cross-town rival Yankees, Luis Severino's

recent slump on the hill has only made it clear that the Bronx Bombers need to add arms in the starting rotation despite picking up J.A. Happ last week.

The Phillies are a surprising leader in the NL East this year with the Washington Nationals once again not meeting expectations.

They could see Wheeler as a middle-to-bottom-of-the-rotation arm that could slot in for Nick Pivetta, who has struggled this year with a 4.85 ERA in 21 starts.

Lurking behind the Phillies are the Braves, who also need to bolster the middle of their rotation.

While Wheeler's run of good fortune has seen his name become common in trade talks, it could be making the Mets balk on said negotiations. Last week, it looked as though it was given that Wheeler would be dealt, but over the past few days, the tone has shifted and it seems more likely that the Mets could be hanging on to him.

Heyman added that no one has met New York's asking price and the team does not want to let him walk for an underwhelming return, which has been a theme of many trades executed by the Mets over the past two years.



Zack Wheeler. GETTY IMAGES

The Future of
Foot Surgery has arrived
at NY Podiatric Medicine



Don't hide them... **WE CAN HELP!**
Specializing in Surgery and Aesthetics
of the Foot.

Dr. Andrew Glass DPM
212-867-2500

**NEW YORK PODIATRY
MEDICINE AND SURGERY**



Cutting Edge Means
Less Cutting



**MINIMALLY
INVASIVE**

Bunion & Hammertoe Surgery

We have performed thousands of these
procedures with state of the art technology

www.nymidtownpodiatry.com

MIDTOWN

315 Madison Ave., Suite. 2301 • 212-867-2500

As seen on and

All Photos of
Actual Patients



**HAMMERTOE
CORRECTION**



MOST INSURANCE PLANS ACCEPTED

FREE CONSULTATION WITH THIS AD

MEDICAL RESEARCH

To advertise, call
Peter Blankenstein at
212-457-7751 or email
peter.blankenstein@
metro.us

Are you a smoker or an ex-smoker?



NYU School of Medicine

NYU LANGONE MEDICAL CENTER

Or maybe you've been told that you have COPD. If so, you might be eligible to participate in a study that involves two study visits during which a blood draw and bronchoscopy will be performed. You must be between 18-70 years old; and have smoked for more than 15 years. You will be compensated for your time. For more info: contact the Clinical Research Center at: 347-380-3042.

SPA & MASSAGE

To advertise with Metro, email
peter.blankenstein@metro.us



BODY WORK

Latino Russian Asian

50th St. W • 212-956-7976

11am to 8am (21hrs)

28th St. E. Lexington Ave

646-682-7032

11am to 8am (21hrs)

9th St. E

646-918-6116

11am to 8am (21hrs)

15th St. W

212-727-7458

11am to 9.30pm

48th St. W • **212-247-8899**

11am to 8am (21hrs)

89th St. E • **212-369-4345**

24 hours



CAREER TRAINING



JOBS

We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts:
Audio • Video
- Solar Tech
- SAP

**US Vets
Call
Now**

**FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost**

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION
& RECERTIFICATION IN BED BUGS, TERMITES,
STRUCTURAL, FOOD PROCESSING & LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com

Call or Text #917.653.0319

HHA/CNA Training NYSED

Slow learner? Long time out

of school? Job Placement

Assistance \$14.09/per hr

All benefits included

Call #718.349.8003

IMPORTANT INFORMATION:

All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted

HOME HELPER WANTED

HHA FOR GREATER PAY!

Without HHA? You can still
help elderly friends & family
members for great pay!

646-799-6062

646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St.
Suite 1207 Manhattan, M-F, 10-5

JOBS

General Help Wanted

Earn Big Money Part-Time From Home!

Mailing our Full-Color Sales Postcards

1-800-313-0961 • www.abm5678.com

Referred By #5678 Mike Caul

Senior Scheduler
8+ yrs of scheduling/estimating
exp in construction projects. High
computer prof req. 4 yr
engineering and
master degree a must.
Email: klan@abm5678.com
Ph: 718-581-8010
Air construction Corp, 942 Astoria
Blvd. Ste. 1L, Astoria, NY 11102.

Printing and Binding
(Bklyn,NY)
Full time, experienced only.
1. Hain Jet Envelope Pressman
2. Perfect Binder
Hard cover operator
Reply to HR@tjainy.com

ITEMS WANTED

Absolute Yes! SAME DAY

!CASH PAID!

\$45 AcuChek 100/Smartview100

888-415-0796 instant!

for Diabetic Test Strips

224 w 116 st, M-F, 2-4 p

or mail in B,C,2,3 trains



To place an ad call

866-900-9473

or visit us at

www.metro.us

LEGAL NOTICES

NOTICE IS HEREBY GIVEN
that a license, Number 1311458,
for Restaurant Wine has been
applied for by the undersigned to
sell Beer & Wine at retail in a
Japanese Restaurant under the
Alcoholic Beverage Control Law
at: 705 59th Street, Brooklyn,
NY 11220. Kings County, for on-
premises consumption. Chu Xi
Asian Cuisine Inc.

NO MONEY DOWN CABLE

Get an all-digital satellite
system installed for free
with 150 channels and
programming starting
at only \$35/mo.

New callers get a FREE
\$100 Visa Gift Card.
SO CALL NOW 877-255-0353

LEGAL NOTICES

NOTICE OF FORMATION
of Quality Finishes
Painting L.L.C. Articles of
Org. filed with the Secy. of
State of New York (SSNY)
on 05/17/2018. Office
location: Bronx County.
SSNY is designated as
agent of LLC upon whom
process against it may be
served. SSNY shall mail
process to the LLC c/o
100 Bellamy Loop, Bronx,
NY 10475. Purpose: Any
lawful activity.

NOTICE IS HEREBY GIVEN
that a license, Serial # 1312027,
for Wine & Beer has been applied
for by the undersigned to sell
Wine & Beer at retail under the
Alcoholic Beverage Control Law
at 58 2nd Ave, New York, NY
10003. New York County, for on
premise consumption. Second
Ave Restaurant Group Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1311591,
for Restaurant Wine has been
applied for by the undersigned
to sell Beer & Wine at retail in a
Chinese Restaurant under the
Alcoholic Beverage Control Law
at: 50 Mott Street, New York,
NY 10013. New York County,
for on-premises consumption.
New Shanghai Deluxe Corp.

LEGAL NOTICES

SUPREME COURT OF THE
STATE OF NEW YORK,
COUNTY OF WESTCHESTER
Index No.: 53641/2018
Date Purchased: March 15, 2018
BANK OF AMERICA, N.A.,
Plaintiff, - against- DAVID G.
LESLIE, Defendant. SUMMONS TO
DAVID LESLIE: YOU ARE HEREBY
SUMMONED to answer the complaint
in this action and to serve a copy of
your answer, or, if the complaint is not
served with this summons, to serve a
Notice of Appearance on the plaintiff's
attorney within 20 days after the
service of this summons, exclusive of
the day of service (or within thirty days
after the service is complete if this
summons is not personally delivered
to you within the State of New York);
and in case of your failure to appear or
answer, judgment will be taken against
you by default for the relief demanded
herein. Plaintiff designates
Westchester County as the place of
trial in this action. The basis of venue
designated is the place of business
of Plaintiff. Dated: White Plains,
New York March 15, 2018
DeBello Donnellan Weingarten Wise
& Wiederkehr, LLP Attorneys for Plaintiff
Peter S. Dawson, Esq.
One North Lexington Avenue
White Plains, New York 10601
(914) 681-0200.
This action seeks damages for breach
of a credit line agreement in the
amount of \$354,828.94 together with
interest through the date of entry of
judgment and legal fees in a sum to be
determined. This Summons is hereby
served by publication by order of the
Hon. Sam D. Walker,
J.S.C. Westchester County
Supreme Court.

metro CLASSIFIEDS
To place an ad call 866-900-9473

LEGAL NOTICES

Notice of Formation
of HY & MEI LLC. Arts. of
Organization filed with the
Secretary of State of New
York (SSNY), on 05/04/2018.
Location: New York County.
SSNY is designated as agent
of LLC upon whom process
against it may be served.
SSNY shall mail process to
1501 Broadway, Suite 2600,
c/o Gabby Chen, New York,
NY 10036. Purpose: any
lawful activity

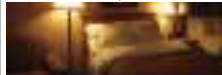
NOTICE IS HEREBY GIVEN,
PURSUANT TO LAW, that the NYC
Department of Consumer Affairs will
hold a Public Hearing on Wednesday,
August 22, 2018 at 2:00 p.m. at
42 Broadway, 5th floor on a petition
for Stem 330 LLC to establish,
maintain, and operate an enclosed
sidewalk cafe at 455 Hudson Street
in the Borough of Manhattan for a
term of two years.

REQUEST FOR COPIES OF THE REVOCABLE
CONSENT AGREEMENT MAY BE ADDRESSED
TO: DEPARTMENT OF CONSUMER AFFAIRS,
ATTN: FOIL OFFICER, 42 BROADWAY, NEW
YORK, NY 10004

NOTICE IS HEREBY GIVEN
that a license, Number 1306175,
for Restaurant Wine has been
applied for by the undersigned
to sell Beer, Wine & Cider
at retail under the Alcoholic
Beverage Control Law at 47-08
47th Ave., Woodside, NY 11377.
Queens County, for on premises
consumption. Taqueria Santa Fe
Corp. d/b/a Taqueria Santa Fe

REAL ESTATE**Rooms for Rent****All Manhattan/Bronx**

Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$150/wk.
Call Us Now: (212) 368-2685

REAL ESTATE**Rooms for Rent****100's Available, All Boroughs**

Private Entry Bath Cooking
1 Person/2 Person \$125/wk up room rentals
Studios \$900/up
212-210-0921

metroCLASSIFIEDS
To place an ad call 866-900-9473

REAL ESTATE**Rooms for Rent****Manhattan & Bronx Rooms**

Private rooms in apt. Fully equipped.
Start 1.50 wifi/cable included.
Move same day! • (212) 862-0030

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

PSYCHICS**PSYCHICS****PROFESSOR IBRAHAM**

GENUINE SPIRITUAL HEALER
READER & ADVISOR

OVER 25 YEARS OF EXPERIENCE
BY ANCESTORS POWERS

LOVE MASTER & SPECIALIST:
RETURN OF LOVED ONE FAST &
EFFECTIVE, BLACK MAGIC SPECIALIST:
CAST SPELL, VODOO JADOO &
MYSTICAL ABUSE
RELEASE FROM SPELL, LUCK,
COURT CASES, JOBS, EXAMS,
GAMBLING, FAMILY PROBLEMS,
DRUGS, SEXUAL POWER & MORE...



917 595 9916

48 Hours Results | Manhattan & Brooklyn

LOVE PSYCHIC, ASTROLOGER & SPIRITUAL HEALER**Pandit: SANJIV RAM**

- Family
- Health
- Love
- Job
- Work
- Business
- Depression
- Enemy
- Jealousy
- Court
- Sexual
- Divorce etc



If you are Disappointed meeting other Astrologers & not
getting Solutions, then meet **PANDIT: SANJEEV RAM**
& get permanent Solutions for your Problems

100% GUARANTEE, PRIVATE & CONFIDENTIAL

PALM READING, FACE READING, HOROSCOPE

Removes Black magic, Butu, Jinn, Jadoo,
Voodoo, Witchcraft, Obeya, Evil Spirits,
& GIVES 100% LIFELONG PROTECTION

929-250-8473

654, 8th AVE, BETWEEN 37 & 38 STREET, MANHATTAN 10018

**Healer and Clairvoyant**

From a well known spiritual family who
combined the power of spirituality, healing
and love. Guarantee to bring your partners,
love ones within 72hrs., clear bad luck and
obia in just one cleansing, break unwanted
relationship, court cases, protection etc.

Even the worst case scenario,
just call Mr. Suwa on
347-792-9714

Located at Ralph and Fulton, Brooklyn.

Mr. SAIDOU

International Spiritualist
Medium & Psychic Over
40 yrs exp. Bring back loved
ones in the Quickest Way,
Stop Infidelity, Business

Success, Exams & Career, Black Magic
Specialist, Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

**Call 516-206-8543
and 646-339-9948**

132nd Street, 7th Ave., Manhattan, NY

**Mr. Fode**
International Spiritual Healer and Clairvoyant

With 40 years of experience, inherited through
family with reputation of helping people all over the
world. I can solve your problems in the quickest way!

BRING BACK YOUR LOVED ONE, PROTECTION,
REMOVE ALL BLACK MAGIC WITCHCRAFT AND
IMPOTENCY, BRING HAPPINESS INTO YOUR LIFE
AND MANY MORE 100% GUARANTEED

**BROOKLYN LOCATION
CALL 347-798-7742.**

MOST POWERFUL AFRICAN PSYCHIC**Mr. KALLO**
LOVE GURU

39 Years Experienced

LOVE EXPERT

I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case,
Business, Depression, Bond Families, Stop Divorce, Stress
Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy
NO MORE PAIN, NO MORE DISSAPPOINTMENT,
MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

**Mr. SAIDOU**

International Spiritualist
Medium & Psychic Over
40 yrs exp. Bring back loved
ones in the Quickest Way,
Stop Infidelity, Business

Success, Exams & Career, Black Magic
Specialist, Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

**Call 516-206-8543
and 646-339-9948**

132nd Street, 7th Ave., Manhattan, NY

PSYCHICS**SPIRITUAL HEALER ANNA**

CERTIFIED GOD GIFTED SPIRITUAL HEALER

She has over 40 yrs exp. She will know how to solve
your problems reveal names of enemies, reunite lovers,
stops divorce, cure sickness,
help childless couples, help family problems
bring success to business, jobs, exams, etc.

If Anna cannot help you no one can!
She is one of the only certified Spiritual healers.

Readings by phone.

**HUSBAND & WIFE**

Someone had wished I wouldn't
marry the man I love... Thanks to Anna
we are now happily married!

FAMILY

We have been married for six years
and had no children. Thanks to Anna
we now have two healthy kids.

**MARRIED COUPLE**

Our business was failing, we had
no hope until my husband called
Anna for help. A few days later we
started to see amazing results!

347-368-2424

WORLD FAMOUS INDIAN PALMIST & SPIRITUALIST

PANDITH: RAVI SHANKAR GURUJI

**MEET ONCE 100%
EXPERT PANDITH**

EXPERT IN REMOVING PROBLEM LIKE
Health, Depression & Blockage,
Enemy Problems, Jealousy, Sexual Problems,
Business Problems, Money Problem,
Childless Couples, Worried About Loved Ones



**FREE READING
MON'S & SAT'S**

**He Can Handle, Remove & Destroy Black Magic,
Voodoo, Obey, Witchcraft, Demonic Forces, Evil,
Bad Luck & All Negativity And Gives Protection**

"LIFE IS TOO SHORT" DON'T SUFFER!

347-553-1494

103-02 LEFFERTS BLVD. RICHMOND HILL, NY 11419 (INSIDE PRIVATE HOUSE)

GENUINE SPIRITUAL HEALER

Clairvoyant • Medium • Astrologer.

No matter what your problems, I can help you solve them.

Specialize in Relationships, If your loved one.
Husband or wife Walks out on you. I can help bring
him back immediately with the most powerful spell.

Business • Court Case • Success • Exams
Sexual Prob. • Marriage & Remove Evil Spell
Black Magic • Bad Luck • Jaadoo
Voodoo & Stop Enemy • Etc...

Seek help from

Mr MAROOF

YOU WILL GET RESULT
IN 72 HOURS
100% GUARANTEED



**WWW.SPIRITUALMAROOF.COM
CALL 646 891 7809**

metroCLASSIFIEDS To place an ad call 866-900-9473
or visit us at **www.metro.us**

metroCLASSIFIEDS To place an ad call 866-900-9473
or visit us at **www.metro.us**

GAMES

metro.us/crossword

Check your answers
at metro.us/gamesPowered by
Arkadium

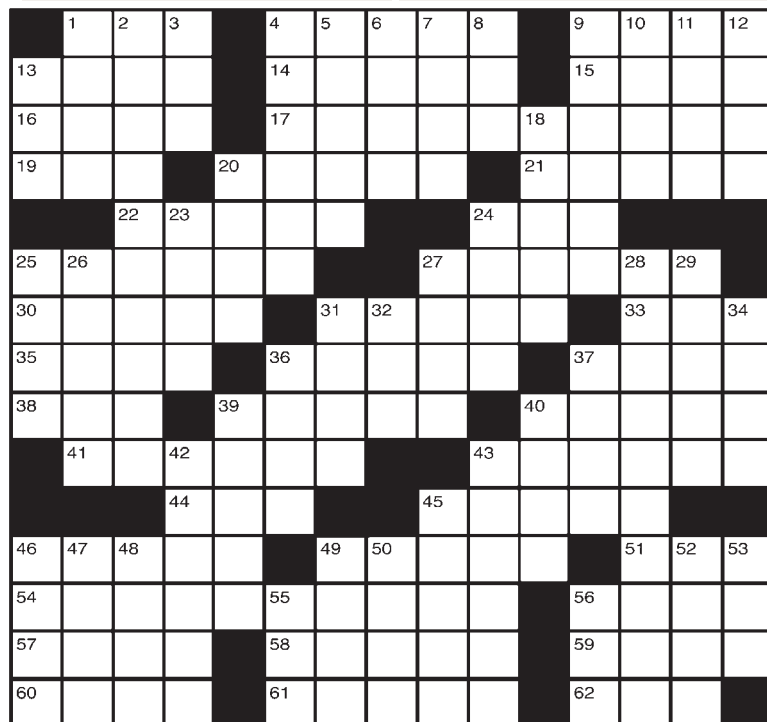
ACROSS

- 1 Piece of china
4 Peruvian natives
9 Unsightly skin mark
13 Window glass
14 India's first prime minister
15 Explorer Marco
16 Fissure; split
17 Rockets
19 ___ pedestal; lovingly honored
20 Night lights
21 Uptight
22 Traveler's stop
24 Mustang or Maxima
25 Mistake
27 Most underhanded
30 Steve or Woody
31 Native of the Far East
33 Journal
35 Put on weight
36 Dense group of bees
37 Minstrel's instrument
38 "I ___ Rock"; Simon & Gar-

- funkel hit
39 Part of USMC
40 Native of Italy's capital
41 Weapons storage facility
43 Barney ___; Fred Flintstone's pal
44 Bullring cheer
45 Paddled boat
46 Higher than
49 Bit of parsley
51 Wine color
54 Signed up
56 Dishonest one
57 Give a hoot
58 Wed without fanfare
59 ___ in a blue moon; seldom
60 Colors
61 Birch tree with catkins
62 Word of disgust

DOWN

- 1 Abel's brother
2 Strange; alien
3 Teacher's favorite
4 Foot part
5 Himalayan nation
6 Burn slightly
7 Rainbows
8 Take to court
9 Globe
10 Nickel or dime
11 Lofty mountains
12 Got up
13 In favor of
18 Laundry problem
20 Flabbergast
23 Daytime shop window sign
24 Boston ___ chowder
25 Long story
26 Pack animal
27 Gentlemen
28 Getting some shut-eye
29 Sum
31 Amiss; askew
32 Maple tree secretion
34 Actor Hackman
36 ___ as a boil
37 Gray wolf
39 Nat King and Old King
40 Ladder piece
42 Films
43 Oakland athlete
45 Thin pancake
46 Prefix for angel or enemy
47 Actor Bridges
48 Meanie
49 ___ down the river; betray
50 Nudge
52 Every
53 Rap's Dr. ___
55 Oolong or pekoe
56 ___ Diamond Phillips



BY TCA

metro.us/wordsearch



Crwth
Daxophone
Didgeridoo
Gusli
Kantele

Kora
Koto
Lur
Monochord
Ocarina

Oud
Quena
Stalacpipe
Theremin
Xaphoon

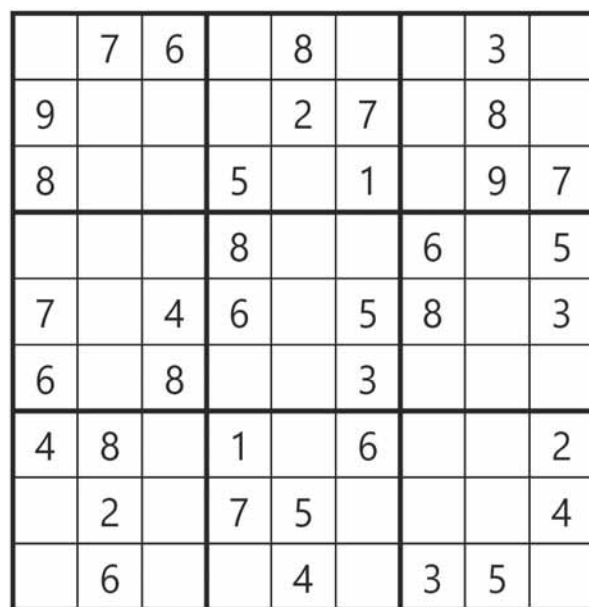
metro.us/wander

Category: TV Show



Trace a path, using every letter once,
to find the hidden phrase. Your path
can turn in any direction, but not
diagonally.

metro.us/sudoku

PLAY ANYTIME,
ANYWHERE

Find these games
and MUCH MORE at
games.metro.us



Yesterday's Answers



metro

As the world's largest global newspaper,
Metro has more than 18 million readers in
more than 100 major cities in 23 countries.

10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan@metro.us • Night Editor Jeff Tomko, jeff.tomko@metro.us • Art Director Luis Matos, Luis.Matos@metro.us • Sports Editor Joseph Pantorno, joseph.pantorno@metro.us • Going Out Editor Eva Kis, eva.kis@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us



COOKiE's®

THE KIDS DEPARTMENT STORE



**FRENCH
TOAST.**

a uniform for a kids life™

20% OFF

all French Toast products
offer valid 7/31/18 - 8/4/18
code: **MFT731**

Limit 1 per customer, with this coupon only. Valid on all French Toast products, in-store only. Not to be combined with any other offer. Excludes custom orders.

COOKiE's®

THE KIDS DEPARTMENT STORE

BROOKLYN 510 Fulton St 718-797-3300 • 265 Livingston St 718-797-3300 • 982 Flatbush Ave 718-287-2300

QUEENS 166-21 Jamaica Ave 718-291-7700 • 91-11 Merrick Blvd 718-291-7700

BRONX 1534 Westchester Ave 718-991-9500 • 567 Melrose Ave 718-585-0800

Shop online at CookiesKids.com